

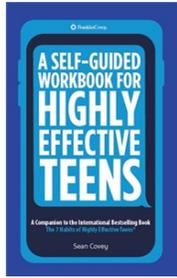


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Title Identifier:
9781633532717

Published Date:
01/2016

Language: English

Publisher: Mango
Media



A Self-Guided Workbook for Highly Effective Teens

A Companion to the Best Selling 7 Habits of Highly Effective Teens

Sean Covey

Rights Information:

WORLD

Description:

Updated and redesigned Sean Covey classic Sean Covey has helped countless teens make better decisions and improve their sense of self-worth.

A Self-Guided Workbook for Highly Effective Teens by Sean Covey is a short, quick, and user friendly companion to the bestselling *The 7 Habits of Highly Effective Teens*. This compact workbook provides the same engaging activities, interactives, and self-evaluations, but now it's graphically more engaging to help teens understand and apply the...

Author Biography:

Sean Covey is Sr. Vice President of Innovations and Products at FranklinCovey, a world renowned organization devoted to helping individuals and organizations achieve greatness. Sean graduated from BYU with a degree in English and later earned his M.B.A. from Harvard Business School. As...



Title Identifier:
9781633535770

Published Date:
09/2017

Language: English

Publisher: Mango
Media



Coyote Peterson's Brave Adventures

Wild Animals in a Wild World

Coyote Peterson

Rights Information:

WORLD

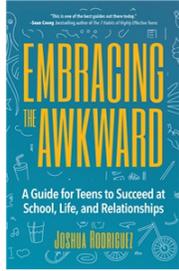
Description:

#1 Bookscan in Juvenile Non-fiction! — Be Brave... Stay Wild!

Animal Stories for Kids: *Coyote Peterson's Brave Adventures: Wild Animals in a Wild World* chronicles some of the wildest encounters Coyote Peterson has had over the course of his travels. The stories begin with his first snapping turtle catch as a kid and lead down a trail of incredible moments he and his camera crew have had while filming their Brave Wilderness shows. From a giant alligator that nearly...

Author Biography:

Coyote Peterson, host of the Brave Wilderness YouTube Channel and the Emmy Award winning show, Breaking Trail, is an avid adventurer and animal expert. Since childhood animals have played a huge role in his life. Every one of them, from the bizarre to the deadly, have led him on countless ...



Title Identifier:
9781633537361

Published Date:
05/2018

Format: PDF

Language: English

Publisher: Mango
Media



Embracing the Awkward

A Guide for Teens to Succeed at School, Life and Relationships

Joshua Rodriguez

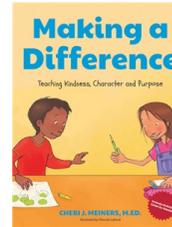
Rights Information:

WORLD

Description:

From First Day of School to First Dance

Who are you? Young adults struggle with lots of issues; finishing up school, finding a career, finding a partner to be with and most importantly figuring out who they are. But who are you? That can often be an overwhelming question to ask, especially when you feel like the people all around you have it figured out and you're just falling behind them. In fact, you may even have questions that you would NEVER feel comfortable talking to other...



Title Identifier:
9781633535985

Published Date:
01/2018

Language: English

Publisher: Mango
Media



Making a Difference

Teaching Kindness, Character and Purpose

Cheri J. Meiners

Rights Information:

WORLD

Description:

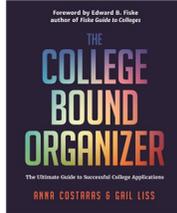
Build Character in your Kids

Kindness, courtesy, respect and

purpose: Through positive and motivating text, *Making a Difference* assures children that they are important, and that what they do matters. Boost your child's confidence and sense of purpose as you read and affirm that their hopeful thoughts, kind words and good choices can make a difference to themselves and others. *Making a Difference* is a book that can help build social skills and character, teach life...

Author Biography:

Cheri J. Meiners, M.Ed., is the author of the award-winning Learning to Get Along series and the Being the Best Me series for young children. Cheri has her master's degree in elementary education and gifted education and is a former first-grade teacher. She also taught education classes...



Title Identifier:
9781633536838

Published Date:
11/2017

Language: English

Publisher: Mango
Media



The College Bound Organizer

The Ultimate Guide to Successful College Applications

Anna Costaras, ,

Rights Information:

WORLD

Description:

College Bound?

College Bound Organizer is your step-by-step comprehensive guide to organize every step of the college application process from college search through college admission.

College admissions is tougher than ever: Between now and 2020, about 90 million high schoolers in the U.S. will try to get into college. And, nearly three million students are expected to enroll as first-time freshmen in degree-granting institutions in the United States this school year. Each of ...

Author Biography:

Anna Costaras holds a BS and MBA from New York University Stern School of Business. She is the founder of a college-bound mentoring program for underserved students from her community. She is actively involved with Adventures in Learning, an educational enrichment program for children in...



Title Identifier:
9781633533967

Published Date:
09/2016

Language: English

Publisher: Mango
Media



The High School Survival Guide

Your Roadmap to Studying, Socializing & Succeeding

Jessica Holsman

Rights Information:

WORLD

Description:

How to Study! — Do you want to develop great study skills, learn how to study smarter, and reach your full potential as a student?

How to study: “We are always told to study for exams and assignments but I can't remember a time when I was instructed on how to study!”

Study tips: Jessica Holsman of YouTube's Study With Jess and Nickelodeon's AwesomenessTV is changing the way teens feel about school. In her debut book, *The High School Survival Guide*, Holsman shares exclusive study...

Author Biography:

Jessica Holsman, AKA Study With Jess, is one of the growing stars on YouTube. With millions of viewers flocking to her channel, Holsman has established herself as the voice of students online. Offering up detailed and creative ways of studying, Holsman connects with her audience at a...



A Cookie to Celebrate

Recipes and Decorating Tips for Everyday Baking and Holidays

Jana

Rights Information:

WORLD

Description:

#1 Amazon New Release ! — Life is short—celebrate with cookies!

Follow along with photograph-filled instructions:

A Cookie to Celebrate is an instant cookie-baking classic, with recipes that are gorgeously photographed and meticulously tested along with tons of decorating and packaging ideas. These inventive and inspired cookies will be perfect for sharing with your friends on Instagram—or in person!

Desserts made to impress at your next party:

What sets *A Cookie to ...*

Author Biography:

Jana Douglass is the founder of Jana Lee's Bake Shop, a luxury bake shop specializing in decorated cut-out sugar cookies for special events and celebrations. Located in Columbus, Ohio, we strive to create charming and delicious treats for any occasion. All cookies are made to order and...

Title Identifier:
9781633537569

Published Date:
05/2018

Language: English

Publisher: Mango Media



Beer School

A Crash Course in Craft Beer

Jonny Garrett, Brad Evans

Rights Information:

WORLD

Description:

***Beer School* — An insider's guide to craft beer, the world's greatest drink**

The wonderful world of craft beers: Beer has come a long way in the 6,000 years since the first taste. The legends of the craft beer industry have made sure everyone's within reach of the perfect pint. But, how do you get the right brew for you? And, can you learn to make a beer that will add to the lager legacy?

Beers of the world: Welcome to Beer School, brought to you by the heroes of YouTube...

Author Biography:

Jonny is a writer and now (apparently) filmmaker who has had a short but glittering career in blagging freebies. After an unsuccessful period of being a music journalist, and an even less successful stint as a real journalist, he got a job writing for Jamie Oliver as deputy editor of...

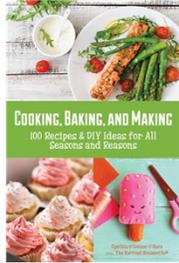
Title Identifier:
9781633533684

Published Date:
11/2016

Language: English

Publisher: Mango Media





Title Identifier:
9781633535565

Published Date:
10/2017

Language: English

Publisher: Mango
Media



Cooking, Baking, and Making

100 Recipes and DIY Ideas for All Seasons and Reasons

Cynthia O'Hara

Rights Information:

WORLD

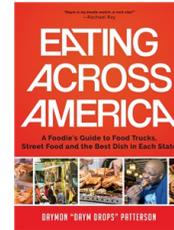
Description:

#1 Amazon New Release! — *Cooking, Baking and Making* — DIY recipes and DIY ideas for all seasons

DIY Ideas — DIY Recipes: From the creative mind of the Harried Housewife blog, comes a beautifully packaged one-stop-shop book bursting with DIY recipes and DIY ideas for the entire year! *Cooking, Baking and Making - 100 Holiday Recipes and DIY Ideas for All Seasons and Reasons* includes 60 DIY recipes with bonus designs and 40 DIY ideas that tie your home together...

Author Biography:

Cynthia O'Connor O'Hara, a.k.a. The Harried Housewife®, is a food and lifestyle writer, recipe developer, maker, and media personality. She is the creator of The Harried Housewife®'s RECIPE BOX television segments, magazine articles, and online posts. A veteran newspaper columnist and TV...



Title Identifier:
9781633536869

Published Date:
03/2018

Language: English

Publisher: Mango
Media



Eating Across America

A Foodie's Guide to Food Trucks, Street Food and the Best Dish in Each State

Daymon Patterson

Rights Information:

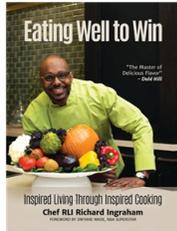
WORLD

Description:

Eating Across America is a taste bud party of the country's best food trucks, street foods and cheap eats. Sometimes messy, but always made with love, eating out at local trucks and hole in the walls has become a movement. Daymon Patterson, better known as Daym Drops on YouTube and as the food correspondent on the award-winning Rachel Ray Show, details the definitive road map to truly tasting Americana. Daymon initially gained popularity on YouTube for his video review of a Five...

Author Biography:

Daymon Patterson, better known as Daym Drops, is an American food critic, YouTube celebrity, and television presenter. He initially gained popularity on the video-sharing site YouTube for his video review of a Five Guys takeout meal, which spawned a viral online song by the Gregory...



Eating Well to Win

Inspired Living Through Inspired Cooking

Richard Ingraham, Dwayne Wade

Rights Information:

WORLD

Description:

#1 Amazon New Release! – The best cookbook for peak performance living
Peak performance eating from Chef Richard – chef to the stars: Chef Richard Ingraham has been personal chef for NBA star Dwyane Wade for more than a decade. The Miami native is also a Chopped contender and the founder of the private chef network, ChefRLI, which caters to professional athletes. Now this chef to star athletes is ready to share the secrets of cooking for a peak performance lifestyle. He's worked...

Author Biography:

Chef Richard Ingraham was born and raised in Miami, Florida and became a culinary enthusiast at an early age. His culinary training took place at the Art Institute of Atlanta. A few years later, he was offered what is now his current position as private chef for the NBA's Dwyane Wade. He...

Title Identifier:
9781633535862

Published Date:
09/2017

Language: English

Publisher: Mango
Media



Geek Sweets

An Adventurer's Guide to the World of Baking Wizardry

Jenny Burgesse, Jen Yates

Rights Information:

WORLD

Description:

#1 Amazon New Release! – Easy baking recipes and unique theme party ideas
Geek Sweets: The ultimate guide to creating 60 confections for the legions of geek fans out there – from Star Wars to Game of Thrones to Harry Potter and much more!
Easy baking recipes: *Geek Sweets* is organized so even a beginning baker can have success. It's a baking cookbook full of beautiful photographs, with easy baking recipes for the 'truly geeky'. *Geek Sweets* is filled with cupcakes...

Author Biography:

A graphic designer by day, Sweet Geek Jenny Burgesse found another passion buried beneath a pile of flour and dutch process cocoa powder. *Geek Sweets* began in Ottawa as a home-based bakery, with everything made from scratch, just like grandma used to make - If grandma made Cthulhu Cookies ...

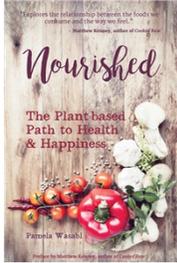
Title Identifier:
9781633536166

Published Date:
12/2017

Language: English

Publisher: Mango
Media





Title Identifier:
9781633534773

Published Date:
02/2017

Language: English

Publisher: Mango
Media



Nourished

The Plant-based Path to Health and Happiness

Pamela Wasabi, Matthew Kenney

Rights Information:

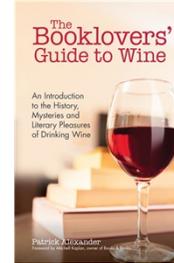
WORLD

Description:

How can a plant-based diet impact my life? Plant-Based living is a lifestyle: It awakens your awareness to understanding that every choice you make has a greater impact. It's a choice that can transcend the collective mind with the idea of respecting every form of life. Are you ready for the benefits of an eating clean diet? Are you seeking a happy, health-filled life? Welcome to nourishment through plant based eating: *Nourished*, the debut book by plant-based chef and holistic...

Author Biography:

Pamela Wasabi is a lead authority in the plant based and wellness community of Miami. She is most recognized for hosting and preparing farm to table vegan dinners, supporting local agriculture, and leading workshops and lectures on one's relationship with food, nourishment and sacred...



Title Identifier:
9781633536067

Published Date:
09/2017

Language: English

Publisher: Mango
Media



The Booklovers' Guide To Wine

A Celebration of the History, the Mysteries and the Literary Pleasures of Drinking Wine

Patrick Alexander,

Rights Information:

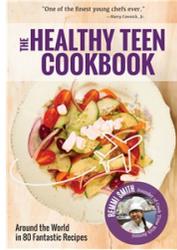
WORLD

Description:

Learn why great wines and great writers are a wonderful blend
Pure delight: "This book would be a highly recommendable primer on wine without the literary references as Alexander guides us through regions and grapes, plus how to truly appreciate this nectar. But the hefty chapter matching grapes with authors is pure delight: albariño and J.R.R. Tolkien, chardonnay and Jane Austen, and his personal favorite, gewürztraminer and Marcel Proust." - Minneapolis Star Tribune
The pleasures ...

Author Biography:

Patrick Alexander originally developed the Wine Appreciation program when he worked at the University of Miami as Director of the Office of Professional Advancement. In the summer of 2011, after Patrick had left UM in order to focus on writing, Mitchell Kaplan suggested he offer his...



The Healthy Teen Cookbook

Around the World In 80 Fantastic Recipes

Remmi Smith

Rights Information:

WORLD

Description:

#1 Amazon New Release! – Easy Healthy Recipes Cookbook

A Chopped kid chef and entrepreneur is on a mission to bring healthy food options and easy-to-cook scrumptious recipes to a busy and heavily scheduled generation of teens.

Healthy cooking for kids: Remmi Smith is a 16-year-old chef, who hosts two cooking shows and serves as a national Student Ambassador for a leading food services company, has written a cookbook encouraging children to take up healthy cooking as a new pastime....

Author Biography:

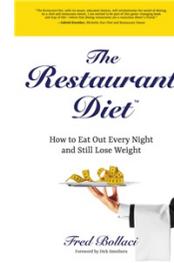
Remmi is a 2016 “Global Teen Leader” for “Three Dot Dash” of the We Are Family Foundation. Remmi was named “Top 20 Entrepreneurs” by Teen Business. Huffington Post and Food Tank named her as their “20 Young People Changing the Food System.” Additionally she was featured on their...

Title Identifier:
9781633536654

Published Date:
03/2018

Language: English

Publisher: Mango
Media



The Restaurant Diet

How to Eat Out Every Night and Still Lose Weight

Fred Bollaci, Dick Smothers

Rights Information:

WORLD

Description:

Restaurant Diet Plan

The ultimate guide for people who want to dine out guilt-free! *The Restaurant Diet*, offers a diet plan that takes the pressure off of dieters who love to eat out. In *The Restaurant Diet*, author Fred Bollaci, who lost 150 pounds (from 330): Teaches readers how to read a menu Explains how to ask important questions of the restaurant staff

Gives guidance on how to have food customized to your dietary needs

Provides insights into converting this into healthy

...

Author Biography:

Fred Bollaci is an entrepreneur, world traveler, sommelier, and international healthy gourmet lifestyle, food, wine, travel, and fitness expert who has enjoyed the gourmet lifestyle since childhood. Fred grew up on Long Island and currently resides in Delray Beach, Florida. He has spent...

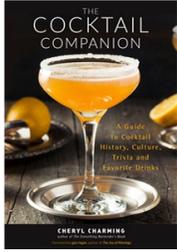
Title Identifier:
9781633537026

Published Date:
01/2018

Language: English

Publisher: Mango
Media





Title Identifier:
9781633539235

Published Date:
11/2018

Format: Print PDF

Language: English

Publisher: Mango
Media



The Cocktail Companion

A Guide to Cocktail History, Culture,
Trivia and Favorite Drinks

Cheryl Charming, gaz regan

Rights Information:

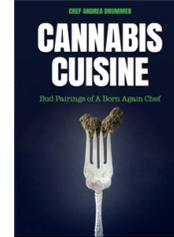
Albania, Algeria, Angola, Argentina, Armenia,
Australia, Austria, Bahrain, Belgium, Belize,
Benin, Bolivia, Bosnia and Herzegovina,
Botswana, Brazil, Bulgaria, Burkina Faso,
Burundi, Cameroon, Canada, Cape Verde, Central
African Republic, Chad, Chile, China, Republic of,
Colombia,...

Description:

The Cocktail Companion spans the cocktail's curious history—from its roots in beer-swilling 18th-century England through the illicit speakeasy culture of Prohibition to the explosive, dynamic industry it is today. Along the way, readers learn how their favorite spirits are distilled and explore the cultural touchstones associated with numerous brands. Additionally, well-known bartenders from around the country offer up advice on everything, including using fresh-squeezed juices,...

Author Biography:

Cheryl Charming aka Miss Charming™ has been heavily steeped in the cocktail culture as a bartender since 1980. She has 15 published bar and cocktail related books. In high school she worked as a pizza waitress then quickly progressed to cocktail waitress, barback, bartender, and head...



Title Identifier:
9781633539457

Published Date:
11/2018

Format: Print PDF

Language: English

Publisher: Mango
Media



Cannabis Cuisine

Bud Pairings of A Born Again Chef

Andrea Drummer, Andrea Drummer

Rights Information:

Albania, Algeria, Angola, Argentina, Armenia,
Australia, Austria, Bahrain, Belgium, Belize,
Benin, Bolivia, Bosnia and Herzegovina,
Botswana, Brazil, Bulgaria, Burkina Faso,
Burundi, Cameroon, Canada, Cape Verde, Central
African Republic, Chad, Chile, China, Republic of,
Colombia,...

Description:

Much more than just a pot cookbook, *Cannabis Cuisine* elevates marijuana to a fine cuisine. Chef Andrea Drummer is a graduate of Le Cordon Bleu and co-owner of Elevation VIP Co-op, a Los Angeles-based company that caters high-end, intimate dinner parties — AND, she is a world class marijuana chef.

Cooking with marijuana: In her debut cookbook, chef and author Andrea Drummer guides home cooks through an adventure of the palette. Chef Drummer is a firm believer that the...

Author Biography:

Chef Drummer's culinary experience dates back to her childhood in Ft. Lauderdale, FL. She first learned the basics of cooking by watching and helping her mother at age 6. In the midst of a successful career in the business world, Chef Drummer realized that she could no longer ignore her...



Title Identifier:
9781633537767

Published Date:
04/2018

Language: English

Publisher: Mango
Media



Backwards and in Heels

The Past, Present And Future Of Women Working In Film

Alicia Malone

Rights Information:

WORLD

Description:

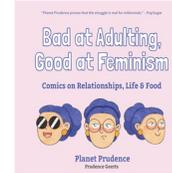
#1 New Release on Amazon! — *Backwards and in Heels* – women in film and their struggle against bias

"After all, Ginger Rogers did everything that Fred Astaire did. She just did it backwards and in high heels" - Ann Richards

Women in film since the beginning: Women have been instrumental in the success of American cinema since its very beginning. One of the first people to ever pick up a motion picture camera was a woman; as was the first screenwriter to win two Academy...

Author Biography:

Alicia Malone is a film reporter, host, writer and self-confessed movie geek. She first gained notice hosting movie-centric shows and reviewing films in her native Australia, before making the leap to Los Angeles in 2011. Since then, Alicia has appeared on CNN, the Today show, MSNBC, NPR...



Title Identifier:
9781633537583

Published Date:
05/2018

Language: English

Publisher: Mango
Media



Bad at Adulting, Good at Feminism

Comics on Relationships, Life and Food
Prudence Geerts

Rights Information:

WORLD excluding Belgium

Description:

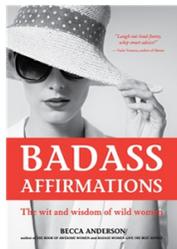
#1 Amazon New Release — Cartoons about relationships, self-love and adulthood by Planet Prudence

Planet Prudence comic book: Popular online illustrator, Prudence "Planet Prudence" Geerts, presents her take on the struggles of adulting and finding your own voice.

Funny Planet Prudence comics: *Bad at Adulting, Good at Feminism* is the debut collection from Prudence Geerts. Never before seen comic strips bundled with all the best Planet Prudence comics. This book will make...

Author Biography:

Prudence Geerts is artist behind the wildly popular cartoons of Planet Prudence. The self-described dreamer, illustrator and cat-hugger currently resides in Belgium. You can find her work on: • <https://www.planetprudence.com> • <https://www.instagram.com/planetprudence/?hl=en> •...



Title Identifier:
9781633537521

Published Date:
05/2018

Language: English

Publisher: Mango
Media



Badass Affirmations

The Wit and Wisdom of Wild Women

Becca Anderson

Rights Information:

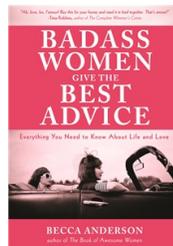
WORLD

Description:

A funny, inspirational banquet of delicious bon mots, quips, and unforgettable one-liners from movie stars, musicians, politicians, and women writers. Sometimes shocking, always entertaining, everyone from Rihanna to Rosie to Dr. Ruth to Margaret Atwood weighs in on the meaning of life with badass women wit and timeless wisdom.

Author Biography:

Becca Anderson is an author, teacher and writing instructor living in the San Francisco Bay Area. Originally from Ohio, Becca's background in women's studies has given her a lifelong passion for empowering women through their own herstory. The author of *The Book of Awesome Women*, Becca...



Title Identifier:
9781633536937

Published Date:
03/2018

Language: English

Publisher: Mango
Media



Badass Women Give the Best Advice

Everything You Need to Know About Love and Life

Becca Anderson, Trina Robbins

Rights Information:

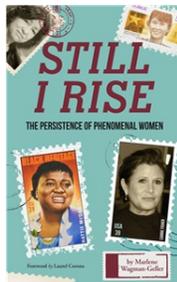
WORLD

Description:

Becca Anderson contributed to several bestselling personal growth books including the million-selling *"Attitudes of Gratitude,"* and is co-author of *"The Gratitude Power Workbook."* She runs a Silicon Valley book club that meets regularly at East West Bookstore in Mountain View. In addition to her popular *"Blogging Your Blessings"* blog, Anderson runs the *Every Day Thankful* Facebook, Instagram and Twitter with over 10k followers and counting. She has been featured on national tv as well...

Author Biography:

Becca Anderson is a writer, gardener and teacher living in the San Francisco Bay Area. Originally from Ohio, Becca's background in sustainability and landscaping inspired her to become a part of the seed-saving and seed-sharing community with chapters across the US and Canada. Becca...



Title Identifier:
9781633535961

Published Date:
07/2017

Language: English

Publisher: Mango
Media



Still I Rise

The Persistence of Phenomenal Women
Marlene Wagman-Geller

Rights Information:

WORLD

Description:

#1 New Release on Amazon! — Who are the great women leaders in history? Who are the women heroes who personify "girl power"?

Intrepid women heroes: When Nelson Mandela was imprisoned in South Africa's brutal Robben Prison, he tirelessly turned to the poem *Invictus*. The inspirational verse by the Victorian William Ernest Henley, penned on the occasion of the amputation of his leg. *Still I Rise* takes its title from a work by Maya Angelou and it resonates with the same ...

Author Biography:

Marlene Wagman-Geller received her B.A. from York University and her teaching credentials from the University of Toronto and San Diego State University. Currently she teaches high school English in National City, California. Reviews from her first three books (Penguin/Perigree) have...



Title Identifier:
9781633535831

Published Date:
07/2017

Language: English

Publisher: Mango
Media



The Book of Awesome Women

Boundary Breakers, Freedom Fighters,
Sherocks and Female Firsts
Becca Anderson, ,

Rights Information:

WORLD

Description:

#1 New Release on Amazon! — Super women. Who are some of the most awesome women in history? "The Book of Awesome Women shares stories and triumphs that are not often mentioned in mainstream history and is something you absolutely need to check out....Reading this book filled me with happiness and I just felt so amazed by what the women within this book have accomplished."

The Book of Awesome Women Book Review from @kleffnotes, TheNerdyGirlExpress, December 11,...

Author Biography:

Becca Anderson is a writer, gardener and teacher living in the San Francisco Bay Area. Originally from Ohio, Becca's background in sustainability and landscaping inspired her to become a part of the seed-saving and seed-sharing community with chapters across the US and Canada. Becca...



Title Identifier:
9781633536951

Published Date:
03/2018

Language: English

Publisher: Mango
Media



Women Who Launch

The Women Who Shattered Glass
Ceilings

Marlene Wagman-Geller

Rights Information:

WORLD

Description:

Empowering stories of game-changing women Dorothy Parker observed, “It’s a man’s world;” the lady entrepreneurs and game-changers profiled in *Women Who Launch* would beg to differ. Unlike the matrons of the 1950s—the women who lunched—these kick-ass females left their DNA in the annals of time. A history of women in business and beyond: Julia Ward-Howe showed what’s good for the goose is good for the gander when she created the Girl Scouts of America. Sara Joseph Hale—authoress of Mary...

Author Biography:

Marlene Wagman-Geller received her B.A. from York University and her teaching credentials from the University of Toronto and San Diego State University. Currently she teaches high school English in National City, California. Reviews from her first three books (Penguin/Perigree) have...



Title Identifier:
9781633538221

Published Date:
09/2018

Language: English

Publisher: Mango
Media



Great Second Acts

In Praise of Older Women
Marlene Wagman-Geller

Rights Information:

WORLD

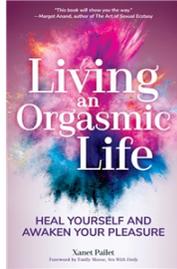
Description:

Empowering biographies of older women in history

A feminist and motivational collection of stories: Antony said of Cleopatra, “Age cannot wither her, nor custom stale/Her infinite variety.” Shakespeare’s sentiment can be applied to the women profiled in *Great Second Acts* who refused to be defined by the dates on their birth certificates. Their lives are testimony that one can be feisty after fifty and to those who think otherwise, in the words of Justice Ruth Bader...

Author Biography:

Marlene Wagman-Geller received her B.A. from York University and her teaching credentials from the University of Toronto and San Diego State University. Currently she teaches high school English in National City, California. Reviews from her first three books (Penguin/Perigree) have...



Title Identifier:
9781633538269

Published Date:
08/2018

Language: English

Publisher: Mango
Media



Living An Orgasmic Life

Heal Yourself and Awaken Your
Pleasure

Xanet Paillet, Emily Morse

Rights Information:

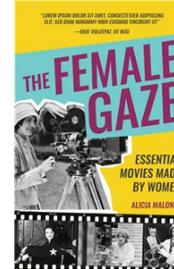
WORLD

Description:

Heal Your Relationship with Sex
Overcome your discomfort: *Living An Orgasmic life* is written for anyone who finds sex challenging or feels uncomfortable with their sex life. Women who are alienated from their erotic side due to sexual abuse or trauma will find healing balm in these pages. Women who can't surrender into pleasure, can't sustain intimacy, or want to reclaim and feel empowered in their sexuality will greatly benefit from this book. Awaken your...

Author Biography:

Xanet Paillet, a former lawyer turned sex and intimacy coach, lived in a sexless marriage for decades. She helps individuals and couples reclaim pleasure and transform their relationships and lives.; Dr. Emily Morse has been voted the #1 dating & sex expert to follow on Twitter by Esquire...



Title Identifier:
9781633538375

Published Date:
11/2018

Format: Print PDF

Language: English

Publisher: Mango
Media



The Female Gaze

Essential Movies Made by Women

Alicia Malone

Rights Information:

Albania, Algeria, Angola, Argentina, Armenia, Australia, Austria, Bahrain, Belgium, Belize, Benin, Bolivia, Bosnia and Herzegovina, Botswana, Brazil, Bulgaria, Burkina Faso, Burundi, Cameroon, Canada, Cape Verde, Central African Republic, Chad, Chile, China, Republic of, Colombia,...

Description:

Inspiring biographies of women who make movies

With the success of Patty Jenkins's *Wonder Woman* and the rise of the MeToo movement, women creators in film are more important than ever.

Movies with a female perspective: You may have heard the term "male gaze," coined in the 1970s to talk about what happens to viewers when the majority of art and entertainment has been made by the one gender perspective. So, what about the opposite? Women have been making movies since the...

Author Biography:

Alicia Malone is a film reporter, host, writer and self-confessed movie geek. She first gained notice hosting movie-centric shows and reviewing films in her native Australia, before making the leap to Los Angeles in 2011. Since then, Alicia has appeared on CNN, the Today show, MSNBC, NPR ...



Title Identifier:
9781633536555

Published Date:
09/2017

Language: English

Publisher: Mango
Media



Lusitania Lost

A Novel

Leonard Carpenter

Rights Information:

WORLD

Description:

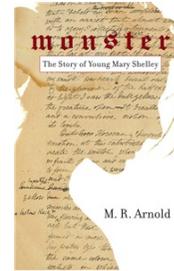
If you loved Titanic, you're going to like Lusitania Lost!

Lusitania Lost: The author of the *Conan the Barbarian* series turns his novelistic eye to real-life history of World War 1 in a "Titanic meets the Guns of August" spy thriller.

A Lusitania spy thriller: History, romance, action. This is the final voyage of the Lusitania, the world's fastest luxury liner torpedoed by a German U-boat in the first year of the Great War. The story is told above and below decks, in ...

Author Biography:

Leonard Carpenter is the author of numerous books including the Conan the Barbarian paperbacks, Biohacker and Lusitania Lost, and the soon-to-be-published Chronicles of Creighton Craven. His short fiction has received much recognition including Year's Best Fantasy and Writers of the...



Title Identifier:
9781633536517

Published Date:
10/2017

Language: English

Publisher: Mango
Media



Monster

The Early Life of Mary Shelley

Mark Arnold

Rights Information:

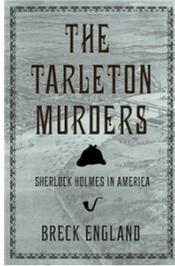
WORLD

Description:

Mary Shelley's Frankenstein, the book that changed the world. **Monster**: Publishing to coincide with the 200th anniversary of the publication of Mary Shelley's Frankenstein and a movie starring Elle Fanning as Mary Shelley, *Monster* is a brilliant fictionalized biography akin to *The Other Boleyn Girl*. **Frankenstein**: Two centuries ago this year, the young woman who invented science fiction was only 20 when she wrote the book that became Frankenstein. Mary Shelley said, "People ask how I, then ...

Author Biography:

Mark Arnold holds degrees in science, professional writing, journalism and communication. While a master's student at the number one school of journalism in the world, the University of Missouri he became fascinated by what was then called, "New Journalism," during the mid 80s. While...



Title Identifier:
9781633536494

Published Date:
10/2017

Language: English

Publisher: Mango
Media



The Tarleton Murders

Sherlock Holmes in America

Breck England

Rights Information:

WORLD

Description:

New Sherlock Holmes Historical Fiction Thriller

The Tarleton Murders: A corking good early Sherlock Holmes story that any mystery reader will love.

Find out the answers to many tantalizing Sherlock Holmes questions in *The Tarleton Murders*, the book that takes you into the dark place in the life of Sherlock Holmes B.W. (Before Watson), or, as he said, “before my biographer came to glorify me.”

Who really was Moriarty?

Where did Sherlock Holmes go to school?
How did Holmes...

Author Biography:

Breck England juggles writing mysteries with composing classical music, French cooking, teaching MBA's in the world-class Marriott School of Business, ghostwriting for authors such as Stephen R. Covey, and (formerly) singing in the Mormon Tabernacle Choir. He writes widely, mostly books...



Title Identifier:
9781633537880

Published Date:
08/2018

Language: English

Publisher: Mango
Media



So This Is the End

A Love Story

Alexandra Franzen

Rights Information:

WORLD

Description:

What happens when you find your soulmate, but you only have one day to live?

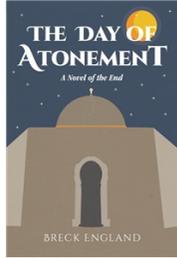
Perfect for fans of Jojo Moyes' *Me Before You* and Jill Santopolo's *The Light We Lost*, comes a powerful romance

What if doctors could revive you from death—and give you an extra 24 hours of life?

One more day. One more chance to tell your family how much you love them. One more chance to say goodbye to friends, listen to your favorite song, throw an epic party, feel the grass beneath your feet, or...

Author Biography:

ALEXANDRA FRANZEN is a writer, consultant, and entrepreneur based in Portland, Oregon. Her writing has been featured in places like Time, Forbes, Newsweek, The Huffington Post, and Lifehacker, and she's been mentioned in places like You're The Boss! The New York Times Small Business Blog, ...



Title Identifier:
9781633537965

Published Date:
09/2018

Language: English

Publisher: Mango
Media



The Day of Atonement

A Novel of the End

Breck England

Rights Information:

WORLD

Description:

A thrilling conspiracy that could end the world

Like an arch with an uncertain keystone, the world trembles around the holiest spot on Earth—the Temple Mount in Jerusalem. It's a crisis of the near future, and the slightest vibration can bring down devastating world war.

The tremors start with the Pope's apparent suicide and the disappearance of the most sacred of artifacts. Thrown unwillingly together, Ari, an Israeli intelligence agent, and Maryse, an Interpol art expert plagued by a...

Author Biography:

Breck England juggles writing mysteries with composing classical music, French cooking, teaching MBA's in the world-class Marriott School of Business, ghostwriting for authors such as Stephen R. Covey, and (formerly) singing in the Mormon Tabernacle Choir. He writes widely, mostly books...



Title Identifier:
9781633538351

Published Date:
10/2018

Language: English

Publisher: Mango
Media



The Atlantropa Articles

A Novel

Joseph Piseni, Cody Franklin

Rights Information:

WORLD

Description:

Dystopian Alternate History: An ambitious feat of engineering and a continent in crisis For fans of Philip K. Dick's *The Man in the High Castle* and Stephen King's *11/22/63*, comes an epic saga by YouTubers Cody Franklin (Alternate History Hub) and Joseph Piseni (Real Life Lore). In the 1930's, architect Herman Sörgel proposes an audacious plan. He wants to drain the Mediterranean Sea by building two of the largest dams ever imagined at both ends of it. The land left...

Author Biography:

The author and sole creator of RealLifeLore is Joseph Piseni. Piseni lives in the Dallas, Texas area and was born in Santa Cruz, California. The mind behind the wildly popular RealLifeLore YouTube channel which launched in February 2016, Piseni is a political, economical and overall...



Title Identifier:
9781633539419

Published Date:
02/2019

Format: Print PDF

Language: English

Publisher: Mango
Media



u&i

A Love Letter in Illustrated Poetry

Michael Hall

Rights Information:

Albania, Algeria, Angola, Argentina, Armenia, Australia, Austria, Bahrain, Belgium, Belize, Benin, Bolivia, Bosnia and Herzegovina, Botswana, Brazil, Bulgaria, Burkina Faso, Burundi, Cameroon, Canada, Cape Verde, Central African Republic, Chad, Chile, China, Republic of, Colombia,...

Description:

A Poetry Book of True Love

If you liked *Her* by Pierre Alex Jeanty and TreManda Pewett, *2Fish* by Jhené Aiko, and *Milk and Honey* and *The Sun and Her Flowers* by Rupi Kaur, you'll love Michael Hall's *u & i*

Playful Illustrations: *u & i* is a series of frank, funny and surprising typographic illustrations paired with brief text tells the story of attraction, marriage, family, frustration, antagonism, and ultimately, the deep...

Author Biography:

Michael Hall grew up in Ann Arbor, Michigan, where autumn was memorable for football, floats, caramel apples, and spectacular colors. He is the creator of several acclaimed picture books for children, including *Frankencrayon*, *Red: A Crayon's Story*, *My Heart Is Like a Zoo*, *Perfect Square*,...



Title Identifier:
9781633538399

Published Date:
10/2018

Format: Print PDF

Language: English

Publisher: Mango
Media



Dear Woman

Michael Reid

Rights Information:

Albania, Algeria, Angola, Argentina, Armenia, Australia, Austria, Bahrain, Belgium, Belize, Benin, Bolivia, Bosnia and Herzegovina, Botswana, Brazil, Bulgaria, Burkina Faso, Burundi, Cameroon, Canada, Cape Verde, Central African Republic, Chad, Chile, China, Republic of, Colombia,...

Description:

Inspiration Led By Poetry

Stop cutting yourself short: You must wear your crown at all times. If you were waiting on someone to give it to you, *Dear Woman* is here to inform you that you can give it to yourself. Every woman is a queen, especially you. Put your crown on and get ready to rule.

Take a journey: No one has just one page in their life story. That's why *Dear Woman* has everything—quotes, letters, short stories, and poems to educate, motivate,...

Author Biography:

Michael E. Reid also known as "Just Mike The Poet" is an Author, Poet, and Speaker from Philadelphia, Pa. Michael uses Poetry/Spoken Word as a platform to inspire individuals through the daily trials and tribulations of life. Michael also uses his gift of having a way with words as a...



SECRETS TO AMAZING PHOTOS FROM THE MASTERS



Title Identifier:
9781633535695

Published Date:
05/2017

Language: English

Publisher: Mango
Media



Advancing Your Photography

Secrets to Amazing Photos from the Masters

Marc Silber

Rights Information:

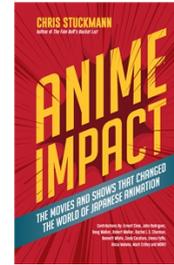
WORLD

Description:

? Social media numbers: ? 65,909 subscribers ? 4,818,322 views ? Featured in: ? <http://www.silberstudios.tv/dev/> ? <http://digital-photography-school.com/author/marcsilber/> ? <http://www.digitaltrends.com/photography/basics-lightroom-6-minutes-develop/> ? <http://www.imaging-resource.com/news/2016/07/31/the-importance-of-visualization-landscape-tips-on-location> ? One of the world?s best photographers reveals his secrets to getting those great shots ? Silber?s website and Youtube channels...

Author Biography:

Marc Silber is an award-winning professional video producer, photographer, and photography educator who has been successfully working in the field for decades. Marc combines his passion for the visual art of photography with his love of life. He started out learning darkroom skills and...



Title Identifier:
9781633537323

Published Date:
04/2018

Language: English

Publisher: Mango
Media



Anime Impact

The Movies and Shows that Changed the World of Japanese Animation

Chris Stuckmann, Ernest Cline, Alicia Malone

Rights Information:

WORLD

Description:

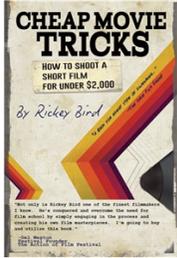
Anime Anthology

Toward the end of the 20th century, anime was beginning to break through to mainstream America. What was once considered a niche medium was becoming more accepted. Today, anime fans are all over the world, and its cultural impact has never been more apparent.

Anime Impact: The Movies and Shows that Changed the World of Japanese Animation examines the essential works that have inspired the biggest names in Hollywood. This anthology includes reviews and reactions...

Author Biography:

Chris Stuckmann was tremendously inspired by Roger Ebert. It was through him that he learned that an opinion on a film was a universal concept. There was no right or wrong, there was simply, your thoughts. Through his television reviews with Gene Siskel, Stuckmann discovered the idea of a ...



Title Identifier:
9781633535435

Published Date:
05/2017

Language: English

Publisher: Mango
Media



Cheap Movie Tricks

How To Shoot A Short Film For Under \$2,000

Rickey Bird

Rights Information:

WORLD

Description:

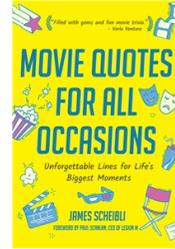
#1 New Release on Amazon! — Want to know how to make a movie on a tight budget?

How to make a movie: Filmmaker Rickey Bird and screenwriter and novelist Al Guevara are on a mission to help indie moviemakers everywhere. Today’s indie film market is growing by leaps and bounds. At the same time, many aspiring filmmakers are running into their share of problems:

not enough money for crews
over budget and more than likely making the wrong movie
can’t get the attention of an indie...

Author Biography:

Rickey Bird of Hectic Films is building a filmmaking empire on a budget. His short films, feature films, micro docs and tutorials have landed in some of the biggest American film festivals and been seen online throughout the world. The result? Millions of views worth of exposure from...



Title Identifier:
9781633536630

Published Date:
12/2017

Language: English

Publisher: Mango
Media



Movie Quotes for All Occasions

Unforgettable Lines for Life's Biggest Moments

James Scheibli,

Rights Information:

WORLD

Description:

#1 Amazon New Release! — Great Movie Quotes for All Occasions

Best movie quotes: We all do it. Every day, with or without noticing, you quote movies. Hit a search engine and you can find thousands of lists of the best movie quotes of all time. From Rhett Butler to Obi-Wan Kenobi, movie quotes have become an integral part of expression. However, the movie quotes that often show up on these “best of” lists rarely lend themselves to important moments in life. Nor are they meant to...

Author Biography:

James Scheibli was raised on the pop-culture relics worshipped by his family. From an early age, he was emerged in the works of Spielberg, Lucas, and Coppola. By the time he hit his teens, he was dissecting Kubrick, Kurosawa, and Kieslowski. Under the tutelage of the great film historian...



Title Identifier:
9781633537668

Published Date:
04/2018

Language: English

Publisher: Mango
Media



The Secrets to Taking Amazing Photos

85 Composition Tools from the Masters

Marc Silber

Rights Information:

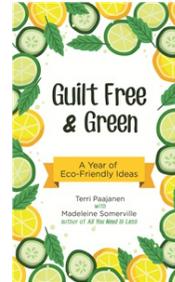
WORLD

Description:

The Secrets to Creating Amazing Photos—Natural Lighting & Composition recipes for improving your photography, right now! Picture perfect secrets: There's a common misconception that composition and lighting are mysterious and that only certain people have that natural gift for the techniques involved. The truth is that both involve a set of skills that you can master. Just as you can use cookbook recipes to make your favorite meal—you don't have to be a famous French chef—you...

Author Biography:

Marc Silber is a number one best selling author of *Advancing Your Photography*, an award-winning professional video producer, photographer, and photography educator who has been successfully working in the field for decades. Marc combines his passion for the visual art of photography with...



Title Identifier:
9781633531376

Published Date:
12/2016

Language: English

Publisher: Mango
Media



Guilt Free & Green

A Year of Eco-Friendly Ideas

Terri Paajanen

Rights Information:

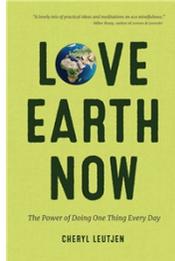
WORLD

Description:

Learn new eco-friendly, sustainable living ideas from Terri Paajanen who has been successfully practicing green living on her 5 acres for the past 7 years. *Green living: More than just a guide, Guilt Free & Green* offers planet positive alternatives and not just the obvious ones. This inspiring how-to book teaches you with easy-to-remember ideas that actually are practical and with money-saving ideas that make you want to live green and stay there. Readers are encouraged to use...

Author Biography:

Terri Paajanen has been living on 5 acres for the past seven years, growing a wide mix of fruit, vegetables, herbs and even a few apple trees in her gardens. Before that, she worked hard to produce food in various small city lots, containers and balconies. Over the years, she's honed her...



Title Identifier:
9781633536258

Published Date:
01/2018

Language: English

Publisher: Mango
Media



Love Earth Now

The Power of Doing One Thing Every Day

Cheryl Leutjen

Rights Information:

WORLD

Description:

#1 Amazon New Release! – Eco-mindfulness

How to combine environmentalism and spirituality to attain a state of eco-mindfulness and sustainable living

What can you do for the environment? Do you find yourself wondering what on Earth you can do about the very serious environmental challenges we face on our planet today? Do you worry there's nothing any one person can do that will make a difference? Most people say that they would like to do something to make the world a better place, ...

Author Biography:

Cheryl Leutjen is a woman of many talents-geologist, environmental law attorney, small business owner, spiritual leaders, creative nonfiction writer, wife, mother and environmental activist. Her broad areas of study and wealth of experiences provide an integrated perspective of our place ...



Title Identifier:
9781633534810

Published Date:
01/2017

Language: English

Publisher: Mango
Media



8 to Your Ideal Weight

Release Your Weight & Restore Your Power in 8 Weeks

MK Mueller, Pam Grout

Rights Information:

WORLD

Description:

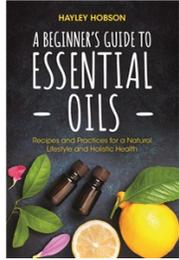
Get real, get healthy, get empowered with MK Mueller's time-tested approach to reaching your ideal weight

Time-tested sugar free diet plan for reaching you ideal weight and finding that feeling of high self-esteem: Why do most diets fail? Because mental preparation is the most important first step and the majority of diets simply call for calorie restriction and food changes without the essential mind body connection that ensures success.

The mind body connection: Author MK...

Author Biography:

A former binge eater and domestic violence survivor, at the age of 34 MK Mueller put together a program for her own recovery and began a support group in her home called "Taking Care of Me." Almost overnight the group outgrew her living room and she became an international speaker and...



Title Identifier:
9781633537002

Published Date:
01/2018

Language: English

Publisher: Mango
Media



A Beginner's Guide to Essential Oils

Recipes and Practices for a Natural Lifestyle and Holistic Health

Hayley Hobson

Rights Information:

WORLD

Description:

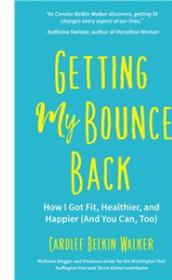
#1 Amazon New Release — Essential Oils. Your Pathway to Holistic Health

Holistic medicine and wellness: Homeopathic medicine and alternative medicines are gaining in popularity daily. *A Beginner's Guide to Essential Oils* by Hayley Hobson can become your first step to a healthier life — your first step to holistic health.

Learn about essential oils from an expert: Hayley Hobson is an internationally known author and inspirational speaker. She presents...

Author Biography:

Hayley Hobson is an internationally known author and inspirational speaker. Her podcast, Hayley Hobson's Whole You, launched in 2017. As a life coach, she passionately empowers others to create lifestyle transformations by supporting them in becoming the best possible WHOLE versions of...



Title Identifier:
9781633537101

Published Date:
02/2018

Language: English

Publisher: Mango
Media



Getting My Bounce Back

How I Got Fit, Healthier, and Happier (And You Can, Too)

Carolee Belkin Walker,

Rights Information:

WORLD

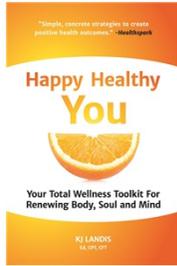
Description:

#1 Amazon New Release — Female, fit and fifty

Exercise is not optional: You don't have to run a marathon to be fit and healthy or suffer through a triathlon that includes a half-mile swim in the ocean. But you do need an exercise habit. Especially as we age, exercise is not optional. Yet unless we had been athletes as kids or young adults, and few of us were, we do not know how to find our edge. Learning how to carve out time to meet our fitness needs or to push ourselves...

Author Biography:

Carolee Belkin Walker is a wellness blogger and freelance journalist whose work appears in the Washington Post, Women's Running, the Huffington Post, and Thrive Global. She lives in Washington, D.C. <http://caroleewalker.com/>; Sarajeon Rudman, host of the RunYogi.Run and thirtyISH...



Title Identifier:
9781633536234

Published Date:
08/2017

Language: English

Publisher: Mango
Media



Happy Healthy You

Your Total Wellness Toolkit For
Renewing Body, Soul, and Mind

KJ Landis

Rights Information:

WORLD

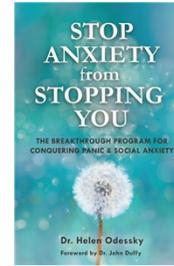
Description:

A health and wellness toolkit

Health and wellness: *Happy Healthy You* is a multidisciplinary approach to reclaiming ultimate wellness. We are all so busy nowadays, and tackling all those to-do lists can leave us drained, worn down, and lacking energy. When you take a deeper look inside, you will also discover patterns, old habits, and past events blocking self-growth. Life coach extraordinaire KJ Landis helps identify how, why, and where we got stuck in the first place, and...

Author Biography:

KJ Landis is an author, educator, health and life coach. She holds a Bachelor of Science in Education, and has certificates in Personal Training, Fitness Class Instructing, as well as certificates in continuing education in Psychology, Global Health, Childhood Development and Nutrition at ...



Title Identifier:
9781633535466

Published Date:
04/2017

Language: English

Publisher: Mango
Media



Stop Anxiety from Stopping You

The Breakthrough Program For
Conquering Panic and Social Anxiety

Helen Odessky,

Rights Information:

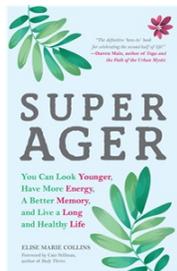
WORLD

Description:

#1 New Release on Amazon! — Learn how to stop anxiety from stopping you
Breakthrough Program — How to Stop Anxiety and How to Stop Panic Attacks: Our pace of life has increased exponentially in the last few decades. We are often too busy or preoccupied to attend to our emotions until they hit with the strength of a tornado. When signs of anxiety and panic appear, they ravage our lives, our dreams and our spirit. *Stop Anxiety from Stopping You: The Breakthrough Program For Conquering...*

Author Biography:

Dr. Helen Odessky is a highly sought after Clinical Psychologist, Coach and Anxiety expert. She has been working with individuals, teens and couples for nearly 15 years. She regularly blogs on Anxiety and communicates regularly to her growing base of followers on Facebook and Twitter.;...



Title Identifier:
9781633537385

Published Date:
06/2018

Language: English

Publisher: Mango
Media



Super Ager

You Can Look Younger, Have More Energy, A Better Memory and Live a Long and Healthy Life

Elise Marie Collins

Rights Information:

WORLD

Description:

Live long and prosper

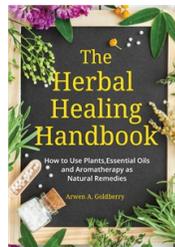
One of America's top yoga and embodied mindfulness teachers reveals secrets and practices for optimal aging

Relationships matter: *Super Ager* has everything you need to know to "live long and prosper"; from movement, diet, fasting, brain and memory health to the major impact of relationships on longevity.

Younger aging: Filled with science, suggestions for gentle daily movement, natural remedies and modern wisdom, *Super Ager* is a practical...

Author Biography:

A yoga instructor and spirituality blogger living in San Francisco, Elise's writing combines her love of ancient healing arts and scientific inquiry. She is currently instructing participants in a two year study on the effects of restorative yoga or stretching for metabolic syndrome....



Title Identifier:
9781633537149

Published Date:
06/2018

Language: English

Publisher: Mango
Media



The Herbal Healing Handbook

How to Use Plants, Essential Oils and Aromatherapy as Natural Remedies

Cerridwen Greenleaf

Rights Information:

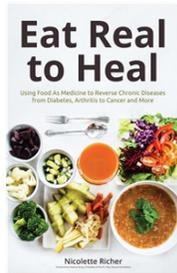
WORLD

Description:

Herbs and essential oils for optimal health
A different kind of therapy: Do you sip chamomile tea regularly, enjoying the stomach settling and sleep-inducing effects? Do you keep a pot of aloe growing for burns and big bites? Are rosemary, mint and thyme your favorites sachets? Have you experienced the rejuvenating power of lavender oil on your skin? These are just a few of the ways we can use herbs and the possibilities are boundless as remedies for both health and...

Author Biography:

Cerridwen Greenleaf has worked with many of the leading lights of the spirituality world including Starhawk, Z Budapest, John Michael Greer, Christopher Penczak, Raymond Buckland, Luisah Teish, and many more. She gives herbal workshops throughout North America. Greenleaf's graduate work...



Title Identifier:
9781633537828

Published Date:
09/2018

Language: English

Publisher: Mango
Media



Eat Real to Heal

Using Food As Medicine to Reverse
Chronic Diseases from Diabetes,
Arthritis, Cancer and More

Nicolette Richer

Rights Information:

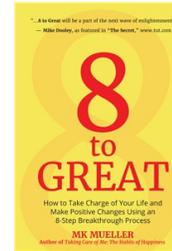
WORLD

Description:

Disease-fighting healthy foods
Beat cancer and other diseases by changing
your diet: If you want to feel active, clear-minded,
and strong enough to fight off disease, it all starts
with the food you put into your body. *Eat Real to
Heal* shows you the organic, plant-based foods
you should be eating. Focusing on diet, nutrition,
and meditation, this book teaches you how to
power up your immune system and give yourself
the best possible chance at beating chronic
diseases...

Author Biography:

Nicolette Richer is an Orthomolecular Health
Educator, Gerson Therapy Home Set Up Trainer,
and Psych-Kinaesthetic Facilitator. Her education
includes a MA in Environmental Education and
Communication and a BA in Interdisciplinary
Studies and a certificate in Sustainable
Community...



Title Identifier:
9781633536913

Published Date:
01/2018

Language: English

Publisher: Mango
Media



8 to Great

How to Take Charge of Your Life and
Make Positive Changes Using an 8-Step
Breakthrough Process

MK Mueller

Rights Information:

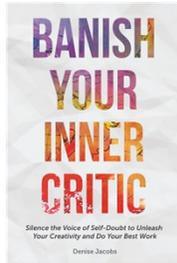
WORLD

Description:

Purpose — Passion — Success!
8 to Great, revised!
Positive attitude for positive changes: This
groundbreaking and practical book offers a
simple, yet powerful, 8-step process for taking
charge of your life and achieving your dreams,
using author MK Mueller's unique formula for
"positive attitude". Positive attitude is everything
for achieving greater happiness, health and
success, yet no one, until now, has given the
world a formula that is simple enough to
remember and use on a...

Author Biography:

Enlightened by experiences that led to her
spending a month in a domestic violence shelter
at the age of 34, MK Mueller began a support
group in her home called, "Taking Care of Me."
Almost overnight, word of her empowering and
uplifting message for men and women in all walks
of life...



Banish Your Inner Critic

Silence the Voice of Self-Doubt to Unleash Your Creativity and Do Your Best Work

Denise Jacobs

Rights Information:

WORLD

Description:

#1 Amazon New Release! — Silence the Voice of Self Doubt

Are you ready to boost your personal productivity — minus the fear and loathing? Are you ready to *Banish Your Inner Critic* and unleash the creative ideas and personal productivity within you? Help is on the way!

Blocking your great creative ideas: Everybody has one, an inner critic that tells you that others have more talent, you're just faking it, and that you'll never have those great creative ideas that seem just ...

Author Biography:

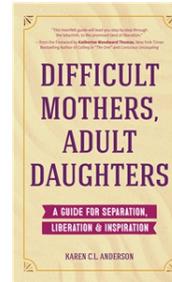
Denise Jacobs is a speaker, author and Creativity Evangelist who keynotes conferences and consults with tech companies worldwide. As the Founder and CEO of The Creative Dose, she teaches game-changing techniques for busting through creative blocks, cultivating collaboration, and...

Title Identifier:
9781633534711

Published Date:
06/2017

Language: English

Publisher: Mango
Media



Difficult Mothers, Adult Daughters

A Guide For Separation, Inspiration & Liberation

Karen C.L. Anderson, Katherine Woodward Thomas

Rights Information:

WORLD

Description:

#1 Amazon New Release — Transform your relationship with your mother

The best news on the planet is that your mother doesn't have to change in order for you to be happy. In fact, author Karen C.L. Anderson will take it a step further and say, your mother doesn't have to change in order for you to be free, peaceful, contented, and joyful.

You can emotionally separate without guilt: Inspired by her own journey,

Anderson's *Difficult Mothers, Adult Daughters: A Guide For...*

Author Biography:

Karen C.L. Anderson is a storyteller who believes that the truth never creates suffering and that all stories can be told through the lens of truth. She is also a feminist, a writer, speaker, workshop presenter, and blogger who consciously chooses to live her life as an experiment and to...

Title Identifier:
9781633537170

Published Date:
03/2018

Language: English

Publisher: Mango
Media





Title Identifier:
9781633535275

Published Date:
03/2017

Language: English

Publisher: Mango
Media



Every Day Thankful

365 Blessings, Graces and Gratuudes

Becca Anderson,

Rights Information:

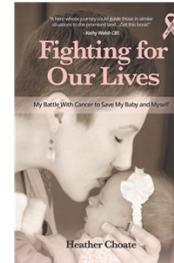
WORLD

Description:

#1 Amazon New Release! – Daily reflections. Inspirational prayers for every day of the year
Relationship prayers: This lovely book, *Every Day Thankful: 365 Blessing, Graces and Gratuudes*, can be used as a book of graces to share over the evening meal, as a hostess gift or for daily reflection. Sharing gratitude is one of the most powerful ways to create close relationships. By praying together at the daily meal with these gratuudes, you have a happier family and become bonded...

Author Biography:

Becca Anderson is a writer, gardener and teacher living in the San Francisco Bay Area. Originally from Ohio, Becca’s background in sustainability and landscaping inspired her to become a part of the seed-saving and seed-sharing community with chapters across the US and Canada. Becca...



Title Identifier:
9781633536296

Published Date:
09/2017

Language: English

Publisher: Mango
Media



Fighting for Our Lives

My Battle With Cancer to Save My Baby and Myself

Heather Choate

Rights Information:

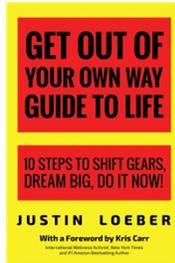
WORLD

Description:

True story of survival
 Mother and unborn child beat cancer through faith and determination
 One of the truly remarkable stories of faith and determination: At age 29, Heather Choate was diagnosed with breast cancer. She was ten weeks pregnant with her sixth child. Her unborn baby became victim to the fast-spreading and highly dangerous cancer in Heather’s body that already spread to her lymph nodes. Doctors told her she needed to abort her baby to save her life. Heather told them,...

Author Biography:

Heather Choate was born in Littleton, Colorado. Most of her time is spent homeschooling her six children while trying to squeeze in spurts of writing when she can. She enjoys daydreaming of worlds and people that don’t actually exist but reflect the beauty and complicity of humanity. Her...



Title Identifier:
9781633536470

Published Date:
11/2017

Language: English

Publisher: Mango
Media



Get Out of Your Own Way Guide to Life
10 Steps to Shift Gears, Dream Big, Do it Now!

Kris Carr

Rights Information:

WORLD

Description:

Dream Big! Do it now!

Strengths and weaknesses: We all have strengths and weaknesses. So, do you want to learn how to get out of your own way and build your strengths and eliminate your weaknesses? Do it now with *Get Out of Your Own Way Guide to Life: 10 Tips to Shift Gears, Dream Big, Do it Now!* **Dream big:** Do you want to be known as a tremendous talent...or a lazy, unfocused slacker? Whether you're a Millennial yearning to join corporate America, a Boomer ready for...

Author Biography:

Justin Loeber is a self-made entrepreneur with a true American spirit. Starting as a temp at 33, and without a college degree, Loeber rose up the ranks in publishing in a little more than a decade because "[he] was organized, had a big mouth and knew how to type." His PR career germinated ...



Title Identifier:
9781633537408

Published Date:
04/2018

Language: English

Publisher: Mango
Media



Guerrilla Kindness and Other Acts of Creative Resistance

Making A Better World Through Craftivism

Sayraphim Lothian, Betsy Greer

Rights Information:

WORLD

Description:

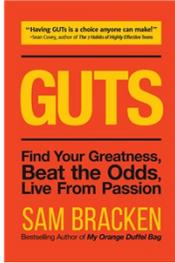
Resistance Crafts

Craftivism can be your voice of resistance: Craftivism is a non-threatening form of activism that gives people a voice when they feel voiceless and power where they feel powerless. It is an international movement for our time and noted Craftivism expert Sayraphim Lothian has put together the first-ever tutorial book on craftivism.

In *Guerrilla Kindness*: artist, scholar, activist, and YouTube art teacher Sayraphim Lothian gives you an introduction to the art of...

Author Biography:

Sayraphim Lothian is a public artist who utilises as many crafts as she can lay her hands on. She's interested in craftivism and creative resistance in all its forms. Her main body of work revolves around kindness as a form of rebellion, craft as a form of subversion and games in public...



Title Identifier:
9781633534759

Published Date:
03/2017

Language: English

Publisher: Mango
Media



GUTS

Find Your Greatness, Beat the Odds,
Live From Passion

Sam Bracken, Bill Curry

Rights Information:

WORLD

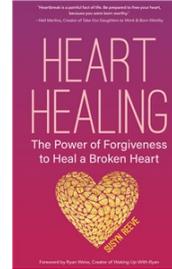
Description:

Living a life of grit and grace
Do you want to understand the important
difference between head, heart, and gut and
where each fits into better decision-making?
Are you ready to enjoy a purpose driven life and
all of the joy and contentment it can bring?
GUTS will help you find that purpose driven life
that is yours to live with joy, passion and
success.

Grit and grace: When Angela Duckworth wrote
her best selling book *Grit: The Power of Passion
and Perseverance* she could have been ...

Author Biography:

Sam Bracken rose up against impossible odds to
live the American dream. He and his wife Kim live
happily in the Rocky Mountains with their four
children. Thanks to a love of sports and a
competitive spirit, he parlayed those skills into a
career as an executive with the world's largest...



Title Identifier:
9781633535886

Published Date:
08/2018

Language: English

Publisher: Mango
Media



Heart Healing

The Power of Forgiveness & Letting Go

Susyn Reeve,

Rights Information:

WORLD

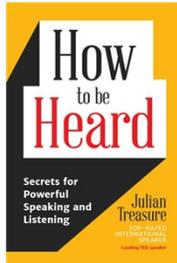
Description:

#1 Amazon New Release — A practical self-
help guide to letting go and healing with
forgiveness

Letting go of the past: Is it really possible to free
your heart and mind of the emotional wounds of
the past? Are anger, pain, and suffering blocking
you from the love and happiness you desire?
Healing painful relationships, memories, and
experiences: Whatever the cause of your
heartbreak - the end of a relationship, the death of
a loved one, a divorce, shattered dreams, a family
...

Author Biography:

Susyn Reeve is an award-winning author, the co-
founder of Self-Esteem-Experts.com, and the co-
host of the popular podcast,
www.ReinventionSuccessStories.com. Susyn
has 40 years experience as a Coach, Corporate
Consultant, Educator and Interfaith Minister. Her
clients have included:...



Title Identifier:
9781633536715

Published Date:
11/2017

Language: English

Publisher: Mango
Media



How to be Heard

Secrets for Powerful Speaking and
Listening

Julian Treasure

Rights Information:

WORLD

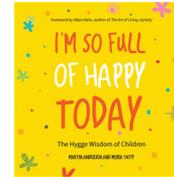
Description:

HuffPost 20 Best Business Books of 2017!

Learn communication skills secrets from one of the most successful TED Talks stars of all time Transform your communication skills: Have you ever felt like you're talking, but nobody is listening? Renowned five time TED Talks speaker and author Julian Treasure reveals how to speak so that people listen – and how to listen so that people feel heard. As this leading sound expert demonstrates via interviews with world-class speakers,...

Author Biography:

Julian Treasure is a sought-after and top-rated international speaker. Collectively his five TED talks on various aspects of sound and communication have been viewed more than 50 million times. His talk How To Speak So That People Want To Listen is in the rare group that has over 20...



Title Identifier:
9781633535480

Published Date:
05/2017

Language: English

Publisher: Mango
Media



I'm So Full of Happy Today

The Hygge Wisdom of Children

Martin Andersen, Moira Tuffy

Rights Information:

WORLD

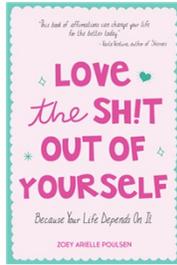
Description:

The funny things kids say or the hygge wisdom of children

Is there anything more likely to make you laugh and put a smile on your face than the innocent and funny remark of a child? Ever since Art Linkletter first published *Kids Say the Darndest Things* in 1957, people have laughed and been delighted with the innocent, funny things kids say. The Danes have a word for the feeling of happy delight that you get from simple things in life, such as the funny things kids say, it's...

Author Biography:

Martin is a Danish professional game designer. He comes to North America approximately twice a year to negotiate and promote his new products to the toy industry. He has won multiple awards both for his games and as a game designer. Also, he is an associated professor at the Heriot-Watt...



Love the Sh!t Out of Yourself
 Because Your Life Depends On It
 Zoey Arielle Poulsen,

Rights Information:

WORLD

Description:

Build self-esteem through self-affirmation
 Daily affirmations build self-esteem: The world is changing all around us with increasing speed, making most of us feel we have no control. We are so busy doing and being productive and bullet journaling our way through life that we might be riding on the back of our own bus. Positive living and affirmation queen Zoey Poulsen has been to the edge of overwhelm and back again. While on her journey, she gathered a lot of wisdom and here is...

Author Biography:

Zoey Arielle Poulsen, better known by her wildly popular YouTube channel: Zoey Arielle, is 25-year-old Canadian girl living life the way it was meant to be lived. Currently working remotely in Rome, Italy. Zoey was born and raised on Vancouver Island, BC, Canada and relocated to Toronto...

Title Identifier:
 9781633536814

Published Date:
 10/2017

Language: English

Publisher: Mango
 Media



Plan Be!

Awesome Affirmations for an Awesome
 Life

Becca Anderson

Rights Information:

WORLD

Description:

The affirmations, quotes and ideas in this book are a set of tools for you to use in your self-development. They are for “inner work.” And, you know what they say about happiness, that it’s an “inside job,” which is 100% true. These suggestions vary widely from spiritual aspirations to very simple, straightforward and practical ideas. Much has to do with adjusting your attitude. Depending on the day, it might be a slight adjustment or a major overhaul but the more you practice daily...

Author Biography:

Becca Anderson is an author, teacher and writing instructor living in the San Francisco Bay Area. Originally from Ohio, Becca’s background in women’s studies has given her a lifelong passion for empowering women through their own herstory. Becca Anderson credits her first grade teacher as ...

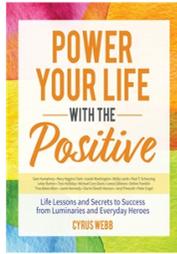
Title Identifier:
 9781633537545

Published Date:
 07/2018

Language: English

Publisher: Mango
 Media





Title Identifier:
9781633537484

Published Date:
03/2018

Language: English

Publisher: Mango
Media



Power Your Life With the Positive

Life Lessons and Secrets for Success
From Luminaries and Every Day Heroes

Cyrus Webb

Rights Information:

WORLD

Description:

What is the secret to success and
happiness?

Nothing in life is impossible: Cyrus Webb (art show and poetry reading host, and founder of the “Conversations” daily radio show, magazine, and Conversations Book Club) reminds us in *Power Your Life With the Positive*, “Nothing in life is impossible. Your goals and dreams are worth fighting for!”

You can leave negativity behind: Drawing on the life-changing experiences of fellow artists, industry insiders, and those in front of...

Author Biography:

As a radio and television show host, (Conversations LIVE and Conversations with Cyrus Webb), President of Conversations Book Club, and Editor-In-Chief of Conversations Magazine, Mississippi native Cyrus Webb has built a brand based on the power of words. For over a decade, he has utilized ...



Title Identifier:
9781633532953

Published Date:
11/2016

Language: English

Publisher: Mango
Media



Tea-spiration

Inspirational Words for Tea Lovers

Lu Ann Pannunzio

Rights Information:

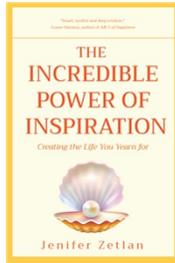
WORLD

Description:

Looking for unique gifts for women? *Tea-spiration*, may be just what you're looking for! The tea lovers book: *Tea-spiration* aims to create a quiet movement where one can experience devotions, comfort, inspiration and the simple joys of life. Tea drinkers know that tea, the wonderful drink, can help them slow down and savor life's moments. Unique gifts for women: In her debut book, Lu Ann Pannunzio (<http://theteacupoflife.com/>), uplifts and inspires readers in a way that does more...

Author Biography:

Lu Ann Pannunzio is a tea enthusiast and writer based in Ontario, Canada. When not drinking tea, Lu Ann finds other ways to incorporate the beverage into her life. On a mission to show the world just how versatile and inspirational the beverage of tea truly is she shares her steeps, tea...



The Incredible Power of Inspiration

Creating the Life You Yearn For

Jenifer Zetlan

Rights Information:

WORLD

Description:

Finding your new lifestyle

Healthy habits and finding your new lifestyle: When do we actually stop and notice that our lifestyles are causing us harm? Perhaps the trigger is a diagnosis of diabetes or high blood pressure; or perhaps our relationships are troubled – or non-existent. At some point, either events or other factors give us a firm message to stop and look at ourselves and to find a better way by developing healthy habits.

Spiritual wellness and mental wellness: But...

Author Biography:

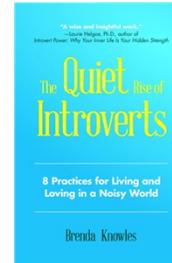
Jenifer KS Zetlan is an author, therapist and lecturer whose intention is to bring holistic wellness through spirituality into the lives of practical people. With advanced degrees in psychology and behavioral sciences she has led numerous seminars and classes in psychology, leadership and ...

Title Identifier:
9781633536272

Published Date:
10/2017

Language: English

Publisher: Mango
Media



The Quiet Rise of Introverts

8 Practices for Living and Loving in a Noisy World

Brenda Knowles

Rights Information:

WORLD

Description:

#1 Amazon New Release! – Introverts loving and living

Many introverts in our world: More and more, people are identifying as introverts. Studies show that at least one-third of the people we encounter in our lives are introverts.

Introverts and Relationships: *The Quiet Rise of Introverts: 8 Practices for Loving and Living in a Noisy World* is a guide to help tenderhearted and introverted individuals grow and nurture their peace, purpose, and relationships. Many types of...

Author Biography:

Brenda Knowles is the creator, writer and personal/relationship coach of BrendaKnowles.com. She coaches and empowers introverts and highly sensitive people as they process transitions and navigate relationships. Brenda Knowles is best known for her blog, space2live. She believes in the...

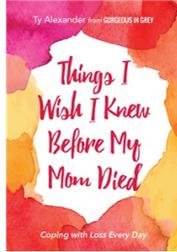
Title Identifier:
9781633536418

Published Date:
10/2017

Language: English

Publisher: Mango
Media





Title Identifier:
9781633533882

Published Date:
09/2016

Language: English

Publisher: Mango
Media



Things I Wish I Knew Before My Mom Died

Coping with Loss Every Day

Ty Alexander, Tia Williams

Rights Information:

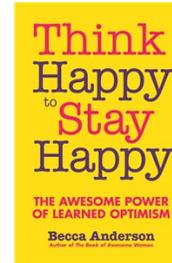
WORLD

Description:

#1 Amazon Best Seller – Coping With Loss
The grieving process: Ty Alexander of *Gorgeous in Grey* is one of the top bloggers today. She has a tremendous personal connection with her readers. This is never more apparent than when she speaks about her mother. The pain of loss is universal. Yet, we all grieve differently. For Alexander, the grieving process is one that she lives with day-to-day. Learning from her pain, Alexander connects with her readers on a deeply emotional level in her ...

Author Biography:

Known for her beauty and lifestyle savvy, but adored because of her gorgeous grey tresses, Ty Alexander is an expert online beauty and lifestyle editor, social media consultant and style and beauty TV correspondent. Ty started her impressive editorial career as the style and beauty editor ...



Title Identifier:
9781633537316

Published Date:
02/2018

Language: English

Publisher: Mango
Media



Think Happy to Stay Happy

The Awesome Power of Learned Optimism

Becca Anderson

Rights Information:

WORLD

Description:

Purpose – Passion – Success!
8 to Great, revised!
Positive attitude for positive changes: This groundbreaking and practical book offers a simple, yet powerful, 8-step process for taking charge of your life and achieving your dreams, using author MK Mueller's unique formula for "positive attitude". Positive attitude is everything for achieving greater happiness, health and success, yet no one, until now, has given the world a formula that is simple enough to remember and use on a...

Author Biography:

Becca Anderson is a writer, artist and teacher living in the San Francisco Bay Area. Originally from Ohio, Becca's background in women's studies inspired her to become a part of the Women's National Book Association, a community of women writers with chapters across the US and Canada...



We Can Be Kind

Healing Our World One Kindness at a Time

David Friedman,

Rights Information:

WORLD

Description:

One Kindness at a Time

Be kind: The world is changing at lightening speed, and meaningful connections are increasingly elusive. David Friedman, creator of the hit song "We Can Be Kind" offers a powerful reminder of how we need to treat each other, from children to family to coworkers as well as strangers, neighbors and those across the political aisle. Through story, meditation and suggestions of kindness, Friedman encourages us to create new ways of building community. Through...

Author Biography:

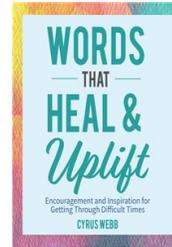
With multi-platinum recordings, Broadway shows, Disney Animated Films, Television scores and a teaching and lecturing career that spans the nation, David Friedman is truly someone who has made a major mark. From We Can Be Kind to Listen to My Heart, Help is on the Way, We Live on Borrowed ...

Title Identifier:
9781633536753

Published Date:
10/2017

Language: English

Publisher: Mango
Media



Words That Heal and Uplift

Encouragement for Getting Through Difficult Times

Cyrus Webb

Rights Information:

WORLD

Description:

Cyrus Webb listens for a living. As host of a highly popular and beloved radio interview show, he has mastered the art of the right quote at the right time. In this upbeat guide, he has gathered his favorite wise words to help readers power their lives with the positive. We have all weathered a lot of storms in recent times, literally with hurricanes, earthquakes, floods, and what seems like unrelenting strife in our daily discourse. We all need reminders of we truly value in our life ...

Author Biography:

As a radio (Conversations LIVE) and television show (Cyrus Webb Presents) host, President of Conversations Book Club and Editor-In-Chief of Conversations Magazine, Mississippi native Cyrus Webb has built a brand based on the power of words. For over a decade he has utilized the platform...

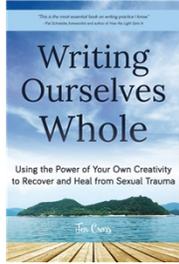
Title Identifier:
9781633537446

Published Date:
05/2018

Language: English

Publisher: Mango
Media





Title Identifier:
9781633536197

Published Date:
08/2017

Language: English

Publisher: Mango
Media



Writing Ourselves Whole

Using the Power of Your Own Creativity to Recover and Heal from Sexual Trauma

Jen Cross, ,

Rights Information:

WORLD

Description:

#1 Amazon New Release! — Creating books that will change your life

Healing victims of sexual assault through transformative journaling: One in six women is the victim of sexual assault. Using her own hard-won wisdom, author Jen Cross shows how to heal through journaling and personal writing. Rape victims and victims of other sexual abuse: *Writing Ourselves Whole* is a collection of essays and creative writing encouragements for sexual trauma survivors who want to risk...

Author Biography:

Jen Cross is a writer, performer, and writing workshop facilitator based in Oakland, CA. Her organization, Writing Ourselves Whole, founded in 2003, focuses primarily on sexuality writing workshops and writing with survivors of sexual trauma. Jen's writing appears in more than thirty...



Title Identifier:
9781633536791

Published Date:
12/2017

Language: English

Publisher: Mango
Media



You're Going to Survive

True stories about adversity, rejection, defeat, terrible bosses, online trolls, 1-star Yelp reviews, and other soul-crushing experiences—and how to get through it

Alexandra Franzen

Rights Information:

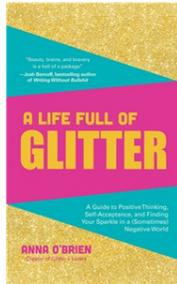
WORLD

Description:

#1 Amazon New Release — How to survive adversity, criticism, rejection and defeat Life involves adversity: No matter what kind of career you've chosen, you're going to deal with discouragement, frustration, and situations that are, shall we say, "less than ideal." It could be a hysterical client who's demanding a refund. Or a book that gets rejected...48 times and counting. Or a job interview that goes nowhere. Or watching your best friend get the exciting promotion that...

Author Biography:

ALEXANDRA FRANZEN is a writer, consultant, and entrepreneur based in Portland, Oregon. Her writing has been featured in places like Time, Forbes, Newsweek, The Huffington Post, and Lifehacker, and she's been mentioned in places like You're The Boss! The New York Times Small Business Blog, ...



A Life Full of Glitter

A Guide to Positive Thinking, Self-Acceptance, and Finding Your Sparkle in a (Sometimes) Negative World

Anna O'Brien

Rights Information:

WORLD

Description:

A Modern Guide to Positive Thinking
Learn the importance of expression: *A Life Full of Glitter* will show you how much creativity, physical activity and social interactions affect your day to day life. Learn how to maximize these expressive activities to release pent up emotions and frustration in order to have a fresh view of the world each and every day.

Re-frame your thinking: Bullying, loss, regret and fear impact our lives in tough-to-deal-with ways. Learn how to...

Author Biography:

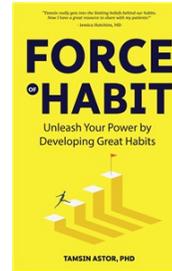
Anna O'Brien was born with a big mouth, big heart, and big ideas. She shares her life, learning, and fearless fashion sense daily on glitterandlazers.com. Once a side project, Glitter + Lazers has quickly grown to become a cornerstone in the plus size, motivational and fashion...

Title Identifier:
9781633538146

Published Date:
09/2018

Language: English

Publisher: Mango Media



Force of Habit

Unleash Your Power By Developing Great Habits

Tamsin Astor

Rights Information:

WORLD

Description:

Habits and Your Health

Dr Tamsin Astor blends her scientific background and awareness (PhD in cognitive neuroscience) with her Yoga, Ayurveda, Meditation & Coaching training to give a unique approach to mastering your daily habits. Using tools from Health and Executive coaching, Tamsin provides a plan to help you navigate from a multi-tasking, low energy, time-deprived existence to one of abundance, nourishment and fun!

Regain your power, reduce your stress: Feeling...

Author Biography:

Tamsin Astor, PhD helps busy professionals organize themselves so they have time for what they need & want, and time for fun. She is your Chief Habit Scientist, wrangling your habits around sleep, exercise & eating through a lens of mindfulness & relationship management. We make tens of...

Title Identifier:
9781633537866

Published Date:
08/2018

Language: English

Publisher: Mango Media





Title Identifier:
9781633537903

Published Date:
08/2018

Language: English

Publisher: Mango
Media



Get It Done

31 Ways to Release Your Inner Boss

Hayley Hobson

Rights Information:

WORLD

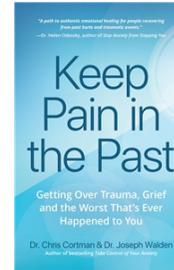
Description:

Holistic Life, Badass Style

Take Risks and Find Success: Are you willing to take risks and support yourself and your family like never before? If so, then *Get It Done* by renowned speaker, life coach, and author Hayley Hobson is the last self-guide book you'll ever need. Moving away from mainstream mediocrity to live an exciting and fulfilling life sounds like an amazing promise—and this book will help motivate you to make it come true. Comfort in the midst of...

Author Biography:

Hayley Hobson is an internationally known author and inspirational speaker. Her podcast, Hayley Hobson's Whole You, launched in 2017. As a life coach, she passionately empowers others to create lifestyle transformations by supporting them in becoming the best possible WHOLE versions of...



Title Identifier:
9781633538108

Published Date:
09/2018

Language: English

Publisher: Mango
Media



Keep Pain in the Past

Getting Over the Worst Thing That Ever Happened to You

Dr. Chris Cortman, Joseph Walden

Rights Information:

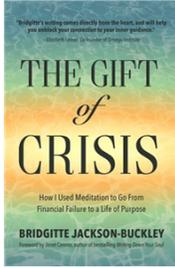
WORLD

Description:

Proven and tested effective ways to manager trauma and extreme stress from the nation's leading PTSD therapist. Over the last ten years, Dr. Chris Cortman has treated more patients suffering from trauma than almost any other therapist—war veterans afflicted by post traumatic stress disorders, adults who were sexually abused as children, and a wide variety of other patients who experienced a range of emotionally painful issues.

Author Biography:

Chris Cortman, PhD has been a licensed psychologist for 28 years. He is a much-sought-after speaker, has facilitated more than 60,000 hours of psychotherapy, and has provided psychological consultation at five hospitals in the Sarasota/Venice area. Dr. Cortman is the co-creator of a youth ...



Title Identifier:
9781633537941

Published Date:
09/2018

Language: English

Publisher: Mango
Media



The Gift of Crisis

How I Used Meditation to Go From Financial Failure to a Life of Purpose

Bridgitte Jackon Buckley

Rights Information:

WORLD

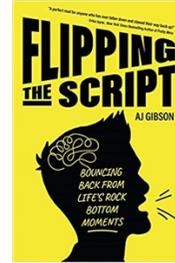
Description:

Find purpose during financial crisis
Since the start of the recession, 8.8 million jobs have been lost, according to the Bureau of Labor Statistics. The author was one of those 8.8 million people. In 2009, she was laid off a research project due to funding being suspended. Between 2007 and 2014, she was also one of 7.3 million homeowners who lost her home to foreclosure.

Some affected by job loss and foreclosure, due to the economic downturn, were able to bounce back relatively...

Author Biography:

Bridgitte Jackson Buckley, is a freelance writer, author and ghostwriter whose focus includes spirituality, transformational documentaries, and in-depth interviews. She is a former contributor to General Religion on the National circuit of Examiner.com as the National Spirituality...



Title Identifier:
9781633538306

Published Date:
09/2018

Format: Print PDF

Language: English

Publisher: Mango
Media



Flipping the Script

Bouncing Back From Life's Rock Bottom Moments

AJ Gibson

Rights Information:

WORLD

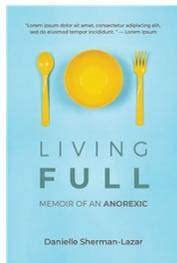
Description:

#1 Amazon New Release! – Stories to Help You Persevere

Live Through the Hardships: Life is complicated and messy, but every now and then life gives you a syndicated talk show on a major network – and then fires you for being “all icing and no cake.” Then it sends your born-again Christian sister to take you out to lunch on your birthday, only to tell you she suddenly believes you can pray the gay away and that you should’ve used your time on the show you were just fired from ...

Author Biography:

TV personality, public speaker and social influencer AJ Gibson brings a unique blend of charm and charisma to every TV and red carpet performance, while also going just a bit deeper in a way that few can. AJ is a kind, relatable and all around nice guy, mixing equal parts humor and...



Title Identifier:
9781633538740

Published Date:
02/2019

Language: English

Publisher: Mango
Media



Living Full

Memoir of an Anorexic
Danielle Sherman-Lazar

Rights Information:

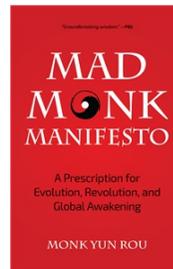
Albania, Algeria, Angola, Argentina, Armenia, Australia, Austria, Bahrain, Belgium, Belize, Benin, Bolivia, Bosnia and Herzegovina, Botswana, Brazil, Bulgaria, Burkina Faso, Burundi, Cameroon, Canada, Cape Verde, Central African Republic, Chad, Chile, China, Republic of, Colombia,...

Description:

Living FULL—Conquering the eating disorder monster
Memoir of an anorexic: This is my journey from starving to letting myself become FULL—physically & emotionally. What is living a FULL life exactly? Having anorexia, bulimia, or vacillating between the two, you are emptying yourself or trying to achieve an empty feeling through starvation or purging. Living a FULL life is a life where you aren't starving anymore—starving for acceptance and love from...

Author Biography:

Danielle Sherman-Lazar is an eating disorder advocate, Vice President of a transportation company, and a mother to two daughters, Vivienne and Diana. She has been published on Scary Mommy, Bluntmoms, The Mighty, ellenNation, Project Heal, Love What Matters, Cafemom.com, Beating Eating...



Title Identifier:
9781633538641

Published Date:
10/2018

Language: English

Publisher: Mango
Media



The Mad Monk Manifesto

A Prescription for Evolution, Revolution, and Global Awakening
Monk Yun Rou

Rights Information:

Albania, Algeria, Angola, Argentina, Armenia, Australia, Austria, Bahrain, Belgium, Belize, Benin, Bolivia, Bosnia and Herzegovina, Botswana, Brazil, Bulgaria, Burkina Faso, Burundi, Cameroon, Canada, Cape Verde, Central African Republic, Chad, Chile, China, Republic of, Colombia,...

Description:

Today's readers are outraged by world events, often frustrated by their own personal battles, and disenfranchised from government and leadership. Born of moral indignation, informed by decades of study, and seasoned by a life of devoted self-cultivation, Mad Monk Manifesto is exactly what they are looking for, organically cohering personal prescriptions and calls to social and political action in one powerful document. Based on ancient Chinese wisdom, the manifesto is part tour...

Author Biography:

Daoist Monk Yunrou (formerly Arthur Rosenfeld) received his academic background at Yale, Cornell, and the University of California. In 2012 he was ordained a Daoist monk at the Chun Yang (Pure Yang) Daoist Temple in Guangzhou, China, one of the first Westerners to be so honored. Yunrou...



Title Identifier:
9781633538917

Published Date:
03/2019

Format: Print PDF

Language: English

Publisher: Mango
Media



Time Management Ninja

21 Rules for More Time and Less Stress
in Your Life

Craig Jarrow

Rights Information:

Albania, Algeria, Angola, Argentina, Armenia, Australia, Austria, Bahrain, Belgium, Belize, Benin, Bolivia, Bosnia and Herzegovina, Botswana, Brazil, Bulgaria, Burkina Faso, Burundi, Cameroon, Canada, Cape Verde, Central African Republic, Chad, Chile, China, Republic of, Colombia,...

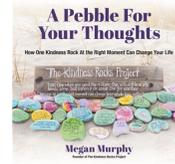
Description:

Time management made simple and easy. Fans of *The Compound Effect* by Darren Hardy, *Eat That Frog* by Brian Tracy, and *12 Week Year* by Brian P. Moran and Michael Lennington will love *Time Management Ninja*.

More time, stress relief, and relaxation: You want more time in your life. Time to spend with family, to achieve big goals, and to simply enjoy life. Yet, the world we live in is busier and changing faster than ever before. More things competing...

Author Biography:

Craig Jarrow is the author of *Time Management Ninja* - the blog rated one of the top 3 "most influential in productivity today" by Biz 3.0. Craig has been featured on CBS MoneyWatch, Huffington Post, Lifehacker, American Express Forum, and more.



Title Identifier:
9781633539501

Published Date:
11/2018

Format: Print PDF

Language: English

Publisher: Mango
Media



A Pebble for Your Thoughts

How One Kindness Rock At the Right
Moment Can Change Your Life

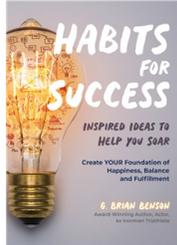
Megan Murphy

Description:

Now more than ever, people are longing for kindness and connection. During these uncertain times, daily news reports focus on disturbing events such as drug addiction, acts of terrorism, gun violence, airplane rage, senseless murders and political bickering. We are being bombarded daily with images that evoke a sense of fear and hostility. The Kindness Rocks Project provides a positive counteraction to all this negativity. The tagline for The Kindness Rocks Project is "one message at..."

Author Biography:

Megan Murphy is the founder of The Kindness Rocks Project, a grassroots kindness movement that has swept the nation and beyond. She is a Women's Empowerment Coach, Business Mentor with S.C.O.R.E., Kindness Activist, Freelance Writer, Meditation Instructor and Inspirational Speaker. She...



Title Identifier:
9781633538665

Published Date:
01/2019

Language: English

Publisher: Mango
Media



Habits for Success

Inspired Ideas to Help You Soar

Brian Benson

Rights Information:

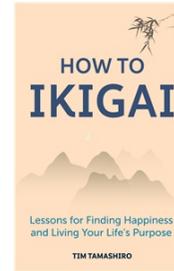
WORLD

Description:

One of Brian Benson's specialties is helping people bring balance and centeredness to their lives. He believes that having a balanced life is the first step in creating your dream life and living out your true purpose. The things that keep us in balance are the things that help us feel alive, help us feel love, help us feel good about ourselves, and excited about. One has to have a solid foundation or anchor to build upon; to listen to your intuition, create, and manifest. Otherwise, ...

Author Biography:

G. Brian Benson's mission is to wake up the world with conscious, thought-provoking media that inspires. As founder of Reawaken Media, Brian an award-winning author, filmmaker, actor and TEDx speaker, knows the value of trusting intuition and wants to share his own personal journey...



Title Identifier:
9781633539006

Published Date:
01/2019

Format: Print PDF

Language: English

Publisher: Mango
Media



How to Ikigai

Lessons for Finding Happiness and
Living Your Life's Purpose

Tim Tamashiro

Rights Information:

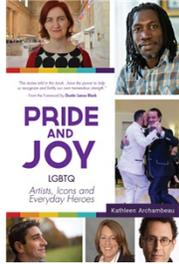
Albania, Algeria, Angola, Argentina, Armenia, Australia, Austria, Bahrain, Belgium, Belize, Benin, Bolivia, Bosnia and Herzegovina, Botswana, Brazil, Bulgaria, Burkina Faso, Burundi, Cameroon, Canada, Cape Verde, Central African Republic, Chad, Chile, China, Republic of, Colombia,...

Description:

Why isn't every day meaningful for every person? Is it even possible to live each day in meaningful ways? Sure it is. Let me tell you about a tiny, tiny, tiny little island south of Japan where people live their life's purpose every day. They are happy. They are fulfilled. They are some of the oldest living people in the world. Their secret is ikigai. Ikigai is a concept that comes from Okinawa, Japan. Ikigai is a simple but abstract map for living a meaningful life. It has four...

Author Biography:

Tim Tamashiro is an explorer, jazz singer, storyteller and former CBC Radio host. His ikigai is "to delight people so that we can share meaningful moments together". His life's experiences include work as a record rep. for MCA Records, performing for Queen Elizabeth II and sailing aboard ...



Title Identifier:
9781633535503

Published Date:
06/2017

Language: English

Publisher: Mango
Media



Pride & Joy

LGBTQ Artists, Icons and Everyday
Heroes

Kathleen Archambeau,

Rights Information:

WORLD

Description:

Stories of success, happiness and hope from the LGBT community. Stories that comprise the best of LGBT history: *Pride and Joy: LGBTQ Artists, Icons and Everyday Heroes* tells the stories of queer citizens of the world living OUT and proud happy, fulfilling, successful lives. Diverse and global. Famous and unsung. There is a story here for everyone in the LGBT community who has ever questioned their sexual orientation or gender identity, or discovered it. Discover LGBT community...

Author Biography:

From Tony Kushner to Adrienne Rich, Kathleen Archambeau has connected LGBTQ luminaries in the movement for equal rights since 1992. An award-winning nonfiction writer and journalist, Archambeau wrote a regular column profiling icons for one of the oldest queer newspapers in the country....



Title Identifier:
9781633537125

Published Date:
02/2018

Language: English

Publisher: Mango
Media



Starving In Search of Me

A Coming-of-Age Story of Overcoming
An Eating Disorder and Finding Self-
Acceptance

Marissa LaRocca

Rights Information:

WORLD

Description:

THE TRUE CONFESSIONS OF AN EATING DISORDERS SURVIVOR

This confessional self-help guide explores the complex emotional truth of what it's like when food, weight, and body image take priority over every other human impulse or action. Activist author Marissa LaRocca's revelatory tale includes her struggle with her secrets, including sexuality, and how she emerged as an outspoken advocate for gay rights and women's health issues.

Anorexia and bulimia health crisis: Many young women and ...

Author Biography:

Marissa LaRocca is a New York-based, award-winning writer, speaker and activist. She is passionate about helping adolescents and young women embrace their individuality and overcome challenges related to emotional eating, self-acceptance, identity, sexuality, body image, and depression....



Title Identifier:
9781633534094

Published Date:
11/2016

Language: English

Publisher: Mango
Media



The ABC's of LGBT+

Ashley Mardell

Rights Information:

WORLD

Description:

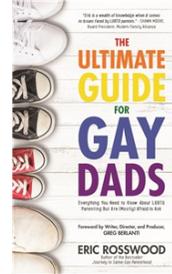
#1 Amazon Bestseller!— Are you seeking a deeper understanding of gender identity and sexual identity?

The ABCs of LGBT+ is a #1 Bestselling LGBT book and is essential reading for questioning teens, teachers or parents looking for advice, or anyone who wants to learn how to talk about gender identity and sexual identity. In *The ABCs of LGBT+*, Ashley Mardell, a beloved blogger and YouTube star, answers many of your questions about:

lgbt and lgbt+
gender identity
sexual identity
teens...

Author Biography:

Ashley Mardell, originally from Minneapolis, Minnesota, blogs about her daily life on her YouTube channel. As a result of her kind heart and glowing spirit, Mardell has developed a strong bond with her viewers. She's trusted, loved and admired for her voice in the LGBTQIA+ community. Her...



Title Identifier:
9781633534919

Published Date:
10/2017

Language: English

Publisher: Mango
Media



The Ultimate Guide for Gay Dads

Everything You Need to Know About LGBTQ Parenting But Are (Mostly) Afraid to Ask

Eric Rosswood,

Rights Information:

WORLD

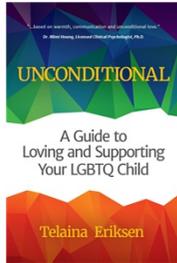
Description:

#1 Amazon New Release! — If you are thinking of becoming a gay dad, or if you are already a gay dad — this book is for you!

Are you ready to have kids? More and more gay men are turning to adoption and surrogacy to start their own families. An estimated two million American LGBTQ people would like to adopt and an estimated 65,000 adopted children are living with a gay parent. In 2016, The Chicago Tribune reported that 10 to 20 percent of donor eggs went to gay men expanding their...

Author Biography:

Bestselling author and parent, Eric Rosswood, was an Award-Winning Finalist in the 2017 International Book Awards for his book, *Journey to Same-Sex Parenthood*. He has spoken about LGBT parenting issues for organizations such as the Family Equality Council and the Modern Family Alliance,...



Title Identifier:
9781633535152

Published Date:
04/2017

Language: English

Publisher: Mango
Media



Unconditional

A Guide to Loving and Supporting Your LGBTQ Child

Telaina Eriksen

Rights Information:

WORLD

Description:

#1 New Release on Amazon! — Parents of LGBT Children. Looking for LGBTQ books that offer guidance on providing loving support to your LGBT child?

Parents of LGBT children guide: *Unconditional: A Guide to Loving and Supporting Your LGBTQ Child* provides parents of a LGBTQ (lesbian, gay, bisexual, transgender or questioning) child with a framework for helping their LGBTQ child navigate through a world that isn't always welcoming. Author Telaina Eriksen, a professor at Michigan State...

Author Biography:

Telaina Morse Eriksen was born in rural Michigan, the youngest of seven children in a working class family. She received a B.A. in journalism with concentrations in history, English, and political science from Michigan State University in 1990. She worked for many years in the educational ...



Title Identifier:
9781633538207

Published Date:
10/2018

Language: English

Publisher: Mango
Media



We Make It Better

The LGBTQ Community and Their Positive Contributions to Society

Eric Rosswood, Kathleen Archambeau

Rights Information:

WORLD

Description:

A top American gay activist shares inspirational stories of queer icons in a series of revealing close-ups, first-person accounts, and intimate snapshots of LGBTQ pioneers and heroes.

Author Biography:

Eric Rosswood is an in-demand authority and commentator on LGBTQ issues including civil rights, parenting, marriage, and politics. He is a major influencer on social media with over 100,000 followers on Twitter alone, and he has led panels on LGBTQ parenting issues for organizations such...



Title Identifier:
9781633537088

Published Date:
01/2018

Language: English

Publisher: Mango
Media



Cluttered Mess to Organized Success Workbook

Declutter and Organize your Home and Life with over 100 Checklists and Worksheets (Plus Free Full Downloads)

Cassandra Aarssen

Rights Information:

WORLD

Description:

#1 Amazon Best Seller! — Declutter Your Home, Declutter Your Life

Organize your life: Do you dream of getting organized, but have no idea where to start? *Cluttered Mess to Organized Success: Declutter and Organize your Home and Life with over 100 Checklists and Worksheets* offers you everything you need to organize your home, family and your time. This book not only provides helpful tips and advice, but it is jam packed with over 100 worksheets, forms, labels, schedules...

Author Biography:

Cassandra Aarssen, author of **REAL LIFE ORGANIZING**, is a Professional Organizer who shares easy and inexpensive organizing tips and tricks through her blog and YouTube channel called ClutterBug. A self-proclaimed "super slob", Cas transformed her home and her life through organization and...



Title Identifier:
9781633536432

Published Date:
08/2017

Language: English

Publisher: Mango
Media



Deep Breaths

The New Mom's Handbook to Your Baby's First Year

Michelle Pearson, Amanda Mulheron

Rights Information:

WORLD

Description:

#1 Amazon New Release! — Millennial moms. You've survived pregnancy and now you have a newborn baby and you're entering your first year of newborn care.

What's next?

Deep Breaths: The New Mom's Handbook to Your Baby's First Year is Michelle Pearson's debut book. In her newborn baby book, this YouTube mom of 5 details:

What to expect during pregnancy

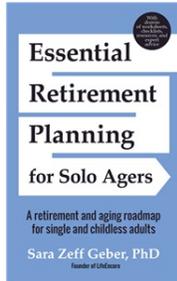
What to expect during the first year of motherhood

The importance of finding your mother tribe

How to embrace motherhood with all of its...

Author Biography:

Michelle Pearson is **THE** millennial mom. A YouTube mommy vlogger since 2011, her channel, Michelle Pearson has garnered worldwide attention. Michelle has grown up around the world and enjoys speaking fluent Russian and Thai. Her many experiences traveling and meeting different people...



Title Identifier:
9781633537682

Published Date:
03/2018

Language: English

Publisher: Mango
Media



Essential Retirement Planning for Solo Agers

A Retirement and Aging Roadmap for Single and Childless Adults

Sara Geber, Harry "Rick" Moody

Rights Information:

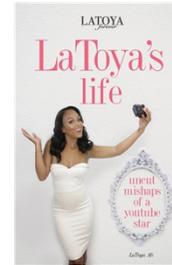
WORLD

Description:

Over fifty, retiring and childless by choice? Are you among the fifteen million Americans over fifty and childless by choice? Solo aging gracefully and a happy retirement can be yours! Baby Boomers retiring: American Baby boomers are aging and fifteen million of them never had children. Who will take care of them? Unprecedented in U.S. history, this demographic will create challenges for these individuals as well as for society. Essential Retirement Planning for Solo Agers is a...

Author Biography:

A certified retirement coach and workshop leader Sara Zeff Geber is a recognized expert in the field of planning for the next phase of life, with a focus on the 55+ age group. Sara has been among the first professionals in the field to recognize that the baby boom generation would...



Title Identifier:
9781633534193

Published Date:
11/2016

Language: English

Publisher: Mango
Media



LaToya's Life

Uncut Mishaps of a YouTube Star

LaToya Ali

Rights Information:

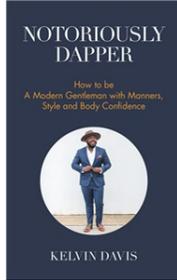
WORLD

Description:

LaToya Forever — Life, love and laughter with a great YouTube star YouTube star: LaToya "LaToya Forever" Ali has been putting a smile on people's faces since 2009 when she first picked up a video camera and started sharing her fascinating thoughts, hilarious stories and moments from her life. She soon became one of the great YouTube stars. A hugely successful black woman as well as great YouTube star, LaToya continues to capture the hearts of millions with her playful, quirky, and...

Author Biography:

In early 2010, LaToya Ali entered the online social scene capturing the hearts of video viewers from all around the world. LaToya's charisma and incredible wit are among the few traits she is known for when expressing her candid opinions. Born in Toronto, Canada, to Trinidadian parents,...



Title Identifier:
9781633536210

Published Date:
10/2017

Language: English

Publisher: Mango
Media



Notoriously Dapper

How to Be a Modern Gentleman with Manners, Style and Body Confidence
Kelvin Davis

Rights Information:

WORLD

Description:

#1 Amazon New Release! — Life skills for the modern gentleman
The modern gentleman: Being a true modern gentleman and a genuine class act is increasingly rare. It is also more important now than ever before. What worked for the Rat Pack and the Brat Pack won't work for you and truth be told, it won't work for anyone because that is old school. Manliness in the modern era is worth learning about and the dividends will pay off for a lifetime. Not only will you bring joy to all those ...

Author Biography:

Kelvin Davis is the founder and creator of Notoriously Dapper, a body positive menswear blog showcasing outfits to inspire men of all sizes to find confidence in their appearance. Blogging with this purpose has led him to model for American Eagle, Chubbies Shorts, Jack Black Skincare and...



Title Identifier:
9781633535176

Published Date:
05/2017

Language: English

Publisher: Mango
Media



Optimum Drive

The Road Map to Driving Greatness
Paul F. Gerrard, Micheal Castiglione,
Allan McNish, Tanner Foust

Rights Information:

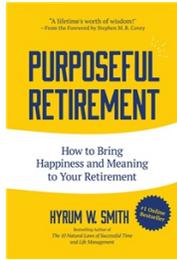
WORLD

Description:

You can be great!
Optimum Drive is the complete step-by-step guide to maximizing human performance in any endeavor you choose to conquer
Why you should read *Optimum Drive*
This book is not just about learning how to drive race cars, that is just the ideal metaphor since racing has captured more information on the topic than most sports combined. Use it for anything.
Auto Racing (by far the richest sport in the world) has invested more money evaluating human performance than any...

Author Biography:

Prior to becoming a professional stunt driver, Paul Gerrard earned multiple racing championships and became Chief of Special Projects for Skip Barber — the largest racing school in the world. Gerrard has a wide range of automotive talents and deep history in motorsports. His ability to...



Title Identifier:
9781633535039

Published Date:
03/2017

Language: English

Publisher: Mango
Media



Purposeful Retirement

How to Bring Happiness and Meaning to Your Retirement

Hyrum W. Smith, Stephen M.R. Covey,
Ken Blanchard, ,

Rights Information:

WORLD

Description:

#1 Amazon Best Seller! – Retirement and good living

Are you getting ready to simplify life and move from the world of work to a life of retirement and good living – to enter a happy retirement?

Retirement and good living: The author of *Purposeful Retirement*, Hyrum W. Smith, is one of the original creators of the popular Franklin Day Planner, the former Chairman and CEO of Franklin Covey Co., and the recognized “Father of Time Management”. In this book, Hyrum shows you...

Author Biography:

Hyrum is the author of nationally-acclaimed books and presentations including *The 10 Natural Laws of Successful Time and Life Management*, *What Matters Most*, *Pain is Inevitable Misery is Optional*, *You Are What You Believe*, and *The Three Gaps*. Hyrum and his wife Gail live on a ranch in...



Title Identifier:
9781633535190

Published Date:
04/2017

Language: English

Publisher: Mango
Media



Real Life Organizing

Clean and Clutter-Free in 15 Minutes a Day

Cassandra Aarssen, Peter Walsh

Rights Information:

WORLD

Description:

#1 Amazon Best Seller! – Clutter free solutions for an organized home

Real Life Organizing offers clutter free storage solutions and advice that can help you create a Pinterest worthy home on a small budget: Learn how to organize your home, simplify life and have more time for the things you love. Organizational expert Cassandra ‘Cas’ Aarssen, the guru from YouTube’s ClutterBug channel, reveals her tips, tricks and secrets to a clean and clutter free home in just 15 minutes a day....

Author Biography:

Clutterbugs Unite! Cassandra Aarssen is a Professional Organizer and founder of ClutterBug Organizing Services in Ontario Canada. The Organized Clutterbug is also a very busy mom of three small children, two cats and a dog named Oscar Meyer Weiner. She loves sharing her favorite home...

THE
JOY OF
MINIMALISM
A Beginner's
Guide to
Happiness
with Less

ZOEY ARIELLE POULSEN

Title Identifier:
9781633536890

Published Date:
01/2018

Language: English

Publisher: Mango
Media



The Joy of Minimalism

A Beginner's Guide to Happiness with Less

Zoey Arielle Poulsen

Rights Information:

WORLD

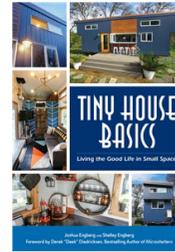
Description:

Minimalism and the simple life

It's natural to love stuff! More than that, it's natural to love your stuff. That notebook from 8th grade, your Disney VHS', mismatched socks. They all have sentimental value...and they all take up space. Author and YouTuber, Zoey Arielle, opens up about her struggle with loving all the things in life we bring home. A hoarder in disguise, Arielle has mastered the tools needed to embrace simplicity and the minimalist philosophy. Minimalism guide: Zoey...

Author Biography:

Zoey Arielle Poulsen, better known by her wildly popular YouTube channel: Zoey Arielle, is 25-year-old Canadian girl living life the way it was meant to be lived. Currently working remotely in Rome, Italy. Zoey was born and raised on Vancouver Island, BC, Canada and relocated to Toronto...



Title Identifier:
9781633535718

Published Date:
05/2017

Language: English

Publisher: Mango
Media



Tiny House Basics

Living the Good Life in Small Spaces

Joshua Engberg, Shelley Engberg,
Derek Diedricksen

Rights Information:

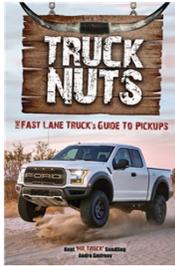
WORLD

Description:

#1 Amazon Bestseller! — Tiny House Basics. The joy of tiny house living
Tiny house living is sustainable living: *Tiny House Basics* is an adventure in off grid living! In their debut book, tiny house living experts Shelley and Joshua Engberg show you how you can join the revolution to downsize to small space living without giving up everything you hold dear. This is not about downsizing drastically, or giving up a lot of your necessities. They show you how your life still can be...

Author Biography:

Joshua Engberg is one-half of the duo behind Tiny House Basics. In the summer of 2014, Joshua and his wife, Shelley, started to build their first tiny house. The goal was to simplify their lives and return to the basics. Downsizing and redefining 'necessities' was only the beginning. As...



Title Identifier:
9781633534858

Published Date:
09/2016

Language: English

Publisher: Mango
Media



Truck Nuts

The Fast Lane Truck's Guide to Pickups
Kent Sundling, Andre Smirnov, Roman
Mica, Nathan Adlen

Rights Information:

WORLD

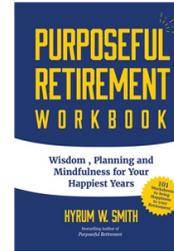
Description:

#1 Amazon Bestseller!
Truck Nuts! Truck Nuts! Truck Nuts! We're dedicated to helping find the best truck for you: So, truck nuts — your truck is your career, your office, your passion, your attitude. What is the best truck for you? Kent "Mr. Truck" Sundling from MrTruck.com and Andre Smirnov from The Fast Lane Trucks will explore that question and more in their book, Truck Nuts. Learn about: small trucks and the best small truck big trucks diesel trucks family trucks and vans...

Author Biography:

H. Kent Sundling, (Mr.Truck), spent his first 30 years on the farm. In high school, Sundling sorted cattle after school for local farmers, ditch loading his Quarter Horse in the back of his pickup truck. Over a million miles towing large trailers and wearing out trucks on the farm, led to

...



Title Identifier:
9781633538122

Published Date:
09/2018

Language: English

Publisher: Mango
Media



Purposeful Retirement Workbook

Wisdom, Planning and Mindfulness for
Your Happiest Years
Hyrum Smith

Rights Information:

WORLD

Description:

A guide to wealth, health, relationships, and purpose during retirement Includes Worksheets on Finances, Time Management, Health, Self-care, Family, Relationships, Hobbies, Volunteering and much more!
Make plans for the happiest time: Retirement is a new season, a new opportunity, to live purposefully. It's not an end. You may have quit a job, but you don't have to quit at life. This is your time to do something meaningful. And this time you get to choose exactly what YOU want to...

Author Biography:

Hyrum is the author of nationally-acclaimed books and presentations including The 10 Natural Laws of Successful Time and Life Management, What Matters Most, Pain is Inevitable Misery is Optional, You Are What You Believe, and The Three Gaps. Hyrum and his wife Gail live on a ranch in...



Title Identifier:
9781633538887

Published Date:
02/2019

Format: Print PDF

Language: English

Publisher: Mango
Media



Life Styling

Simple Steps for Moms to Find your
Style & Confidence

Mikhila McDid

Rights Information:

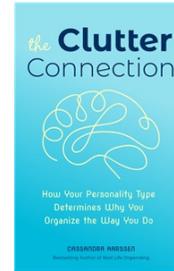
Albania, Algeria, Angola, Argentina, Armenia,
Australia, Austria, Bahrain, Belgium, Belize,
Benin, Bolivia, Bosnia and Herzegovina,
Botswana, Brazil, Bulgaria, Burkina Faso,
Burundi, Cameroon, Canada, Cape Verde, Central
African Republic, Chad, Chile, China, Republic of,
Colombia,...

Description:

Finally, body positivity meets fashion! For women who happen to be mothers. Whether you had a sense of style and lost it or never really took the time to think about what you like to wear, this is the book for you. An inspirational fashion book for the everyday woman with guides on shapes, sizes, colors.

Author Biography:

Mikhila McDid is 32 year old UK blogger, wife and Mum of 2. She had her daughter when she was 19 (the undiscovered Teen Mom MTV didn't know they always wanted) and so has grown up conflicted between being young and fun and being responsible. She's also never quite found her own personal...



Title Identifier:
9781633538566

Published Date:
01/2019

Language: English

Publisher: Mango
Media



The Clutter Connection

How Your Personality Type Determines
Why You Organize the Way You Do
Cassandra Aarssen

Rights Information:

Albania, Algeria, Angola, Argentina, Armenia,
Australia, Austria, Bahrain, Belgium, Belize,
Benin, Bolivia, Bosnia and Herzegovina,
Botswana, Brazil, Bulgaria, Burkina Faso,
Burundi, Cameroon, Canada, Cape Verde, Central
African Republic, Chad, Chile, China, Republic of,
Colombia,...

Description:

#1 Amazon New Release! – Discover your unique Organizing Personality Type and Strategies for a more productive and clutter-free life

Fans of *The Life Changing Magic of Tidying Up* and *Spark Joy* by Marie Kondo and *The Four Tendencies* by Gretchen Rubin will love *The Clutter Connection* by organization expert Cassandra Aarssen.

An organization book for diverse habits: "You're not messy, you just organize..."

Author Biography:

Cassandra Aarssen is a Professional Organizer who shares easy and inexpensive organizing tips and tricks through her blog and YouTube channel called ClutterBug. A self-proclaimed "super slob", Cas transformed her home and her life through organization and now she is determined to help...



Title Identifier:
9781633538825

Published Date:
02/2019

Format: Print PDF

Language: English

Publisher: Mango
Media



Designology

How to Find Your PlaceType and Align
Your Life With Design

Dr. Sally Augustin

Rights Information:

Albania, Algeria, Angola, Argentina, Armenia,
Australia, Austria, Bahrain, Belgium, Belize,
Benin, Bolivia, Bosnia and Herzegovina,
Botswana, Brazil, Bulgaria, Burkina Faso,
Burundi, Cameroon, Canada, Cape Verde, Central
African Republic, Chad, Chile, China, Republic of,
Colombia,...

Description:

Dr. Sally Augustin helps people design spaces that are much more than just clean or clutter-free- it helps them design spaces to support their deepest goals. It's a mind-opening new way of working with the space around us every day. A widely published Fellow of the American Psychological Association, Sally has produced work featured in The New York Times, The Wall Street Journal, Elle Décor, House Beautiful, The Guardian, Forbes, Huffington Post, Psychology Today, Prevention, Salon, ...

Author Biography:

Sally Augustin, PhD, is a practicing environmental/design psychologist and the principal at Design With Science. She has extensive experience integrating science-based insights to develop recommendations for the design of places, objects, and services that support desired cognitive,...



Title Identifier:
9781633537644

Published Date:
04/2018

Language: English

Publisher: Mango
Media



Building A Winning Culture In Government

A Blueprint for Delivering Success in the
Public Sector

Patrick R. Leddin, Shawn D. Moon

Rights Information:

WORLD

Description:

Building Successful Government Government Culture — Our government organizations face political fallout, media scrutiny, reduced funding, and the many challenges involved in motivating large, multi-layered and highly regulated organizations. It's no surprise that many government organizations report that their employees are less engaged than ever and that leaders feel helpless to change the situation. In many cases, employees and government leaders are caught in a vicious cycle....



Title Identifier:
9781633533455

Published Date:
06/2016

Language: English

Publisher: Mango
Media



Corporate Survival Guide for Your Twenties

A Guide to Help You Navigate the Business World

Kayla Buell, Paul Angone

Rights Information:

WORLD

Description:

Welcome to the corporate world, friend! A world where things aren't fair, some people are mean, and if you want to succeed, your boss has to like you. In her new book: *Corporate Survival Guide for Your Twenties: A Guide to Help You Navigate the Business World*, Kayla Buell, founder of the award-winning blog *Lost GenY Girl*, helps you face the corporate world post-college. Navigating a corporate working world filled with pitfalls and traps is not easy – there's no app for that. Should...

Author Biography:

Kayla Buell is a young twenty- something who shares her experiences with other young professionals on her award-winning blog: *Lost GenY Girl*. She loves all things HR, and hopes to make the workforce a better place. Not bratty. Just opinionated, Buell is most passionate about helping young ...



Title Identifier:
9781633537347

Published Date:
04/2018

Language: English

Publisher: Mango
Media



Creating Business Magic

How the Power of Magic Can Inspire, Innovate, and Revolutionize Your Business

David Morey, Eugene Burger, John E. McLaughlin

Rights Information:

WORLD

Description:

Business magic and disruptive innovation
First comes the magic, and then the magic becomes the reality
You may think you know what magic is. Abracadabra, hocus-pocus. Forget about it. Magic? Magic is what human beings do. It's just that some do it a lot better than others. Business strategies from the world's greatest magicians: This book takes everything that three remarkable authors—a corporate strategist, the former acting director of the CIA, and a world-renowned magician—have...

Author Biography:

David Morey, founder and Chairman of DMG Global and Vice Chairman of Core Strategy Group, is one of America's leading strategic consultants and most sought-after speakers. As a magician, he performs on stages around the world, including at the official Inaugural Balls of the forty-fourth...

**HUSTLE
AWAY DEBT**Eliminate Your Debt by
Making More Money**DAVID CARLSON**
Host of Young Adult MoneyForbes calls David Carlson's Young Adult Money
one of the best personal finance websites.Title Identifier:
9781633533356Published Date:
05/2016

Language: English

Publisher: Mango
Media**Hustle Away Debt**Eliminate Your Debt by Making More
Money

David Carlson, Stefanie O'Connell

Rights Information:

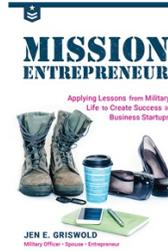
WORLD

Description:

Learn how to get out of debt from an expert Debt free living: Forbes calls David Carlson's personal finance blog Young Adult Money "a must read for millennials." *Hustle Away Debt*, Carlson's new book, gives millennials drowning in debt – student and otherwise – a lifeline. Carlson details his secrets to getting out of debt through the concept of "side hustles." He shows how side hustles can help you develop new sources of income that allow you to pay off debt faster. He also shows how ...

Author Biography:

David Carlson is the founder of the personal finance blog Young Adult Money. Young Adult Money is focused on helping those in their 20s and 30s make more, save more, and live better. Forbes magazine has called Young Adult Money one of the best websites for people looking to get their...

Title Identifier:
9781633536456Published Date:
10/2017

Language: English

Publisher: Mango
Media**Mission Entrepreneur**Applying Lessons from Military Life to
Create Success in Business Startups

Jen Griswold

Rights Information:

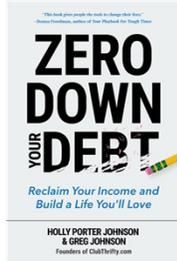
WORLD

Description:

#1 Amazon New Release! – Women + Military = Entrepreneurs
Career military? Leaving the military for civilian life? You can leverage your experience into some great new business startup ideas.
Business success: Military spouses can face serious challenges when trying to develop a career while part of the military life, or equally serious challenges when they transition to civilian life. But, help is on the way in *Mission Entrepreneur: Applying Lessons from Military Life to...*

Author Biography:

Jen Griswold met her husband while attending the Air Force Academy. He became a pilot and she went on to become an Aircraft Maintenance Officer, which meant that, like him, she was often deployed. When the couple decided to have children it made sense for Jen to join the reserves and stay ...



Title Identifier:
9781633534797

Published Date:
01/2017

Language: English

Publisher: Mango
Media



Zero Down Your Debt

Reclaim Your Income and Build a Life You'll Love

Holly Porter Johnson, Holly Porter Johnson, Greg Johnson, Greg Johnson

Rights Information:

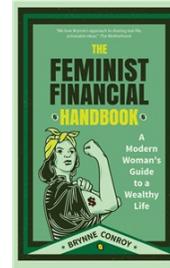
WORLD

Description:

How to get out of debt and enjoy debt free living with the powerful "Zero-Sum Budget" method
Zero Down Your Debt — How to manage money and experience debt free living: Getting into debt is a piece of cake, but getting out? That's the hard part. Fortunately, award-winning authors Holly Porter Johnson and Greg Johnson offer actionable tips and advice in their new book on how to get out of debt and enjoy debt free living. The secret? The "zero-sum budget"—the black belt of budgeting...

Author Biography:

Holly Porter Johnson is an award-winning writer who focuses on frugality, budgeting, and credit as the cornerstones of her career. Greg Johnson is an entrepreneur who turned his love of budgeting and digital media into an online empire. Together, the power couple blogs about money at...



Title Identifier:
9781633538085

Published Date:
09/2018

Language: English

Publisher: Mango
Media



The Feminist Financial Handbook

A Modern Women's Guide to a Wealthy Life

Brynne Conroy

Rights Information:

WORLD

Description:

Your Guide to Wealth and Success

Live your wealthiest life: Sometimes the best way to stick it to the man is by doing well for yourself. There's just one problem: it's hard to do well for yourself when systemic oppression has placed innumerable hurdles between you and your aspirations. *The Feminist Financial Handbook* provides real motivation and resources for real women who may be struggling—not only those who have already accumulated wealth.

Overcome obstacles: *The...*

Author Biography:

Brynne Conroy started writing about money when she didn't have any. As she figured out ways to save more and earn more, she shared them with the world on her award-nominated blog—Femme Frugality—and progressively climbed up the economic ladder. Six years later, she continues to run the...



Title Identifier:
9781633537842

Published Date:
08/2018

Language: English

Publisher: Mango
Media



Be More Strategic in Business

How to Win Through Stronger Leadership and Smarter Decisions

Stacey Boyle, Diana Thomas,

Description:

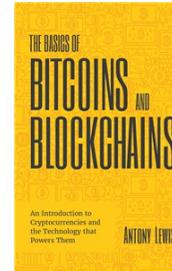
Keep up with change and get results with a proven approach to learning and development leadership

Adapt to rapid change with strategic leadership: In an increasingly global, technologically led world, learning and development needs to keep up with change.

Leaders must possess strategic capabilities to ensure their training programs stay relevant and have concrete, measurable impact. *Learning and Development: Six Factors for Strategic Business Leadership* will show you...

Author Biography:

Dr. Stacey Boyle is the Chief People Planner for Smarter People Planning. With more than 20 years of experience in L&D, evaluation, workforce analytics and management consulting, she has provided consulting services worldwide for both commercial and government clients. She is recognized...



Title Identifier:
9781633538009

Published Date:
08/2018

Language: English

Publisher: Mango
Media



The Basics of Bitcoins and Blockchains

An Introduction into Cryptocurrency and the Technology that Powers Them

Antony Lewis

Rights Information:

WORLD

Description:

Understand Bitcoin, blockchains, and cryptocurrency with this clear and comprehensible guide

Learn the history and basics of cryptocurrency and blockchains: There's a lot of information on cryptocurrency and blockchains out there. But, for the uninitiated, most of this information can be indecipherable. *The Basics of Bitcoins and Blockchains* aims to provide an accessible guide to this new currency and the revolutionary technology that powers it. Bitcoin, Ethereum, and...

Author Biography:

In 2013, Antony became so interested in a niche online currency called Bitcoin, he left a conventional banking career to join a little startup called itBit. itBit is a bitcoin exchange, a website where clients can buy and sell bitcoins, and was one of the first wave of venture capital...



Title Identifier:
9781633539334

Published Date:
10/2018

Format: Print PDF

Language: English

Publisher: Mango
Media



The Academic Hustle

Matthew Pigatt

Rights Information:

Albania, Algeria, Angola, Argentina, Armenia, Australia, Austria, Bahrain, Belgium, Belize, Benin, Bolivia, Bosnia and Herzegovina, Botswana, Brazil, Bulgaria, Burkina Faso, Burundi, Cameroon, Canada, Cape Verde, Central African Republic, Chad, Chile, China, Republic of, Colombia,...

Description:

Thrive with this ultimate college book Readers of *Confessions of a Scholarship Winner* and the *Fiske Guide to Colleges 2019* will love *The Academic Hustle*!

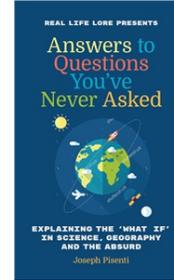
An inspirational graduation gift: *The Academic Hustle* tells the story of Matthew Pigatt and his transformation from a juvenile delinquent with a 2.1 GPA in high school to a national award-winning researcher, graduating magna cum laude from Morehouse College.

A college planner to help you get it...

Author Biography:

Recognized as Legacy Miami Magazine's 40 under 40, The Miami Times' New Generation of Dreamers, and Harvard Business School's Young American Leaders, Matthew A. Pigatt became the youngest elected official in South Florida in 2016 as Commissioner for the City of Opa-locka.

Commissioner...



Title Identifier:
9781633536692

Published Date:
11/2017

Language: English

Publisher: Mango
Media



Answers to Questions You've Never Asked

Explaining the What If in Science, Geography and the Absurd

Joseph Pienti

Rights Information:

WORLD

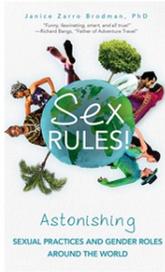
Description:

#1 Amazon New Release! – Looking for trivia books filled with fun facts and trivia questions and answers? *Answers to Questions You've Never Asked* will entertain you for hours.

Fun facts for kids of all ages: When you take the most absurd parts of history, science, economics and geography, you end up with a pretty confusing picture of humanity. Why do we have borders, what's the furthest you can get from the ocean, how do you qualify as a country and why did Vikings wear...

Author Biography:

The author and sole creator of RealLifeLore is Joseph Pienti. Pienti lives in the Dallas, Texas area and was born in Santa Cruz, California. The mind behind the wildly popular RealLifeLore YouTube channel which launched in February 2016, Pienti is a political, economical and overall...



Title Identifier:
9781633535930

Published Date:
11/2017

Language: English

Publisher: Mango
Media



Sex Rules!

Astonishing Sexual Practices and Gender Roles Around the World
Janice Zarro Brodman

Rights Information:

WORLD

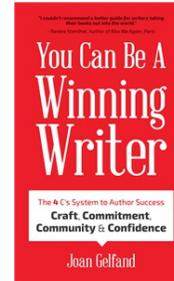
Description:

#1 Amazon New Release! – Think you know about sexual customs around our world? Have fun and enjoy some surprises!

This book is a humorous glimpse of a wide range of stereotype-busting sexual, relationship and romantic mores around the world. It is fun, interesting, and eye-opening! For example, places where women control the mating game, set marriage rules, and marry one another for political power. The fact that it's all true also makes it fascinating. Take a romp through a rollicking ...

Author Biography:

With 24 years as a groundbreaking international development expert, Janice Zarro Brodman has lived, worked or traveled in 35 countries. After earning her PhD in political economy from Harvard University, she created and served as Director of the Center for Innovative Technologies at EDC,...



Title Identifier:
9781633537422

Published Date:
05/2018

Language: English

Publisher: Mango
Media



You Can Be A Winning Writer

The 4 C's Approach of Successful Authors - Craft, Commitment, Community and Confidence
Joan Gelfand

Rights Information:

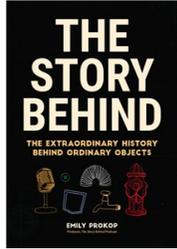
WORLD

Description:

You have a great book idea but you don't know what to do next. You've written a book and sent it to a few agents, but it's come back "Rejected." Your friend's agent turned you down, too. You were a star writer for the college literary journal; now what? You've had articles, stories and poems published but you don't feel like a 'published author.' You are a published author, but your agent has just turned down your second book. Your publisher pulled your contract, your editor moved...

Author Biography:

Joan Gelfand The author of three acclaimed volumes of poetry, an award-winning chapbook of short fiction and a forthcoming novel set in a Silicon Valley startup, Joan is the recipient of numerous writing awards, commendations, nominations and honors. Her reviews, stories and poetry have...



Title Identifier:
9781633538283

Published Date:
10/2018

Language: English

Publisher: Mango
Media



The Story Behind

The Extraordinary History Behind
Ordinary Objects

Emily Prokop

Rights Information:

WORLD

Description:

Surprising history of ordinary things

Learn the fascinating history and trivia you never knew about things we use daily from the host of *The Story Behind* podcast.

Everyday objects and major events in history: Every single thing that surrounds us has a story behind it. Many of us learn the history of humans and the major inventions that shaped our world. But what you may not have learned is the history of objects we surround ourselves with every day. You might not even...

Author Biography:

Emily Peck Prokop received her B.S. in Journalism from Southern Connecticut State University, and is currently a podcast producer and editor. When she discovered podcasting as a hobby, she finally found an outlet for the random information she collected that she loved to randomly bring up ...



Title Identifier:
9781633538962

Published Date:
10/2018

Format: Print PDF

Language: English

Publisher: Mango
Media



Greek Mythology Explained

A Deeper Look at the Legends, Heroes,
Gods and Goddesses of Classic Greek
Lore

Marios Christou, David Ramenah, Joel
Chaim Holtzman

Rights Information:

WORLD

Description:

**Greek mythology explored like never
before**

Fans of Rick Riordan's *Percy Jackson* series and Edith Hamilton's *Mythology* will love *Greek Mythology Explained*, a unique retelling of Greek mythology with valuable lessons and a lot of heart!

Fascinating tales from Greek mythology: Discover five classic Greek myths in a brand-new way! Follow characters like Icarus, Lamia, Bellerophon, Athena, Medusa and Aeros as they go off on adventures, triumph over...

Author Biography:

Marios Christou studied literature and film at the University of Hertfordshire. He currently runs the YouTube channel Mythology and Folklore.; ; Joel Chaim Holtzman is an illustrator / Concept Artist based in the Netherlands. With a passion for art since a young age, he was fascinated by...



Title Identifier:
9781633538504

Published Date:
10/2018

Format: Print PDF

Language: English

Publisher: Mango
Media



The Origin of Names, Words and Everything in Between

Patrick Foote

Rights Information:

Albania, Algeria, Angola, Argentina, Armenia, Australia, Austria, Bahrain, Belgium, Belize, Benin, Bolivia, Bosnia and Herzegovina, Botswana, Brazil, Bulgaria, Burkina Faso, Burundi, Cameroon, Canada, Cape Verde, Central African Republic, Chad, Chile, China, Republic of, Colombia,...

Description:

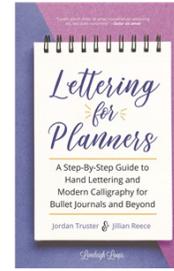
#1 Amazon New Release! — The Origins of Names Explained

Explore the world of names: What is something that literally everything in existence has in common? It all has a name! With *The Origin of Names, Words and Everything in Between*, you can learn the origins of these names. From countries and cities to toys and animals to even planets, learn the etymology of interesting words in a fun and entertaining way.

Learn new things: Why is New York called New York? *The...*

Author Biography:

Patrick Foote was born in London in 1994 and raised on the south east coast of England. Although Patrick loved learning at school he felt the education system was never quite right or engaging enough for him, so much so he dropped out of university after three months! All this led to...



Title Identifier:
9781633539259

Published Date:
03/2019

Language: English

Publisher: Mango
Media



Lettering for Planners

A Step-By-Step Guide to Hand Lettering and Modern Calligraphy for Bullet Journals and Beyond

Jillian Reece, Jordan Truster

Rights Information:

Albania, Algeria, Angola, Argentina, Armenia, Australia, Austria, Bahrain, Belgium, Belize, Benin, Bolivia, Bosnia and Herzegovina, Botswana, Brazil, Bulgaria, Burkina Faso, Burundi, Cameroon, Canada, Cape Verde, Central African Republic, Chad, Chile, China, Republic of, Colombia,...

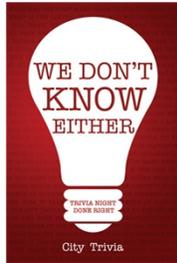
Description:

#1 Amazon New Release! — An easy guide to modern calligraphy and hand lettering Fans of *Creative Lettering and Beyond* and *The Complete Book of Lettering* will love *Lettering for Planners*

Calligraphy for your journal aesthetic: Beautiful "bullet journals" are popping up all over Instagram and Pinterest. The joys of decorating the pages with drawings and lettering are many. If you want to start your own bullet journal or if you want to improve your journal ...

Author Biography:

Jillian & Jordan are twin sisters who teach calligraphy through online courses. The sisters took a calligraphy class when they were in middle school and became obsessed with hand lettering, adding lettering to their notebooks and journals throughout their years in school. After...



Title Identifier:
9781633538429

Published Date:
10/2018

Language: English

Publisher: Mango
Media



Trivia Night Done Right

Your Guide to Entertainment and Knowledge

Nick Groves

Rights Information:

WORLD

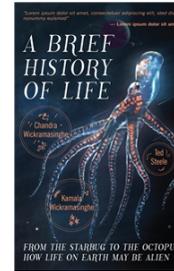
Description:

Entertaining trivia games in a book Fans of *Uncle John's Bathroom Reader* and the *Guinness Book of World Records* will achieve trivia game mastery and dominance with *Trivia Night Done Right*.

More than a fact book: Building on the increasing popularity of pub trivia and mobile trivia apps, *Trivia Night Done Right*, brings the entertaining format of City Trivia to you anywhere you want. City Trivia's format brings you more trivia and more...

Author Biography:

Nick Groves is founder and CEO of City Trivia, the parent company of District Trivia in Washington, D.C.; Bridgetown Trivia in Portland, OR; and Patriot Trivia in Boston, MA. Since 2009, he and his staff have hosted thousands of trivia nights in hundreds of bars in dozens of states and...



Title Identifier:
9781633539273

Published Date:
03/2019

Format: Print PDF

Language: English

Publisher: Mango
Media



A Brief History of Life

From the Starbug to the Octopus, How Life on Earth May be Alien

Kamala Wickramasinghe, Chandra Wickramasinghe, Edward J. Steele

Rights Information:

Albania, Algeria, Angola, Argentina, Armenia, Australia, Austria, Bahrain, Belgium, Belize, Benin, Bolivia, Bosnia and Herzegovina, Botswana, Brazil, Bulgaria, Burkina Faso, Burundi, Cameroon, Canada, Cape Verde, Central African Republic, Chad, Chile, China, Republic of, Colombia,...

Description:

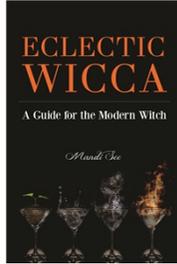
Is life on earth from space?

Fans of *Your Inner Fish*, *Sapiens: A Brief History of Humankind*, and *A Brief History of Time* will love *A Brief History of Life*.

The vital questions of evolution: We have always searched the Heavens for answers about our origins and our destiny. Technological advances have led to discoveries that toppled accepted theories about the nature of life and the structure of the Universe. The most recent findings are likely to do the same and...

Author Biography:

Kamala Wickramasinghe is a freelance editor and writer and has worked for various publishing companies. She holds a BA Hons degree and an MA in English Literature from the University of Cambridge. Her long-standing interest in science has led her to work and write with her father. She has ...



Title Identifier:
9781633534834

Published Date:
10/2016

Language: English

Publisher: Mango
Media



Eclectic Wicca

A Guide for the Modern Witch

Mandi See

Rights Information:

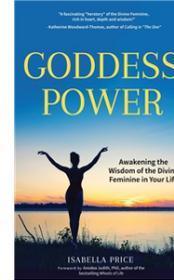
WORLD

Description:

Wiccan spells from secrets of the Wiccan religion — Fill Your Life With the Best Kind of Magic
Wiccan Wisdom: Are you seeking more contentment in your daily life? Could you use more abundance, including improved health, greater prosperity and more love in your life? This charmingly illustrated book will greatly enhance your every day with rites, secrets and Wiccan wisdom from author Mandi See. *Eclectic Wicca* pushes past the notion of an aged crone in this book for 21st century...

Author Biography:

There is a little witch in all of us, but quite a lot in Mandi See. The Spiritual teacher and counsellor started her business in 2012 to help guide the spiritual enthusiasts of the world to a place they felt comfortable, happy and most importantly, at home. Since then Mandi has become a...



Title Identifier:
9781633536739

Published Date:
10/2017

Language: English

Publisher: Mango
Media



Goddess Power

Awakening the Wisdom of the Divine Feminine in Your Life

Isabella Price, Anodea Judith

Rights Information:

WORLD

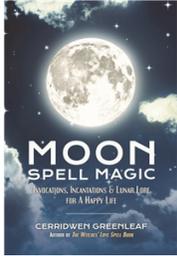
Description:

#1 Amazon New Release! — Feminine Empowerment

Path of the Goddess: At the dawn of religion, God was a Woman. The Divine Feminine is known by innumerable names and symbol-rich manifestations across the world's cultures. Throughout the ages the Goddess has been honored and worshiped as the Virgin Mary, Isis, Inanna, Asherah, Diana, Kuan Yin, Kali, Oshun, Athena, Pele, Sarasvati, Demeter, and White Buffalo Calf Woman, to mention just a few. Many conceptions of the Goddess are...

Author Biography:

Isabella Price, MA, is an international speaker, author, and higher education professional at JFK University where she teaches [World Spirituality](#) courses. Isabella is the author of the leading-edge book series [One Truth, Many Paths](#) on the world's wisdom traditions, which includes her...



Title Identifier:
9781633535626

Published Date:
03/2017

Language: English

Publisher: Mango
Media



Moon Spell Magic

Invocations, Incantations & Lunar Lore
for a Happy Life

Cerridwen Greenleaf

Rights Information:

WORLD

Description:

Want to learn more about moon spells, phases of the moon, Wiccan spells and other aspects of Wiccan religion? *Moon Spell Magic* is intended to be a practical and inspirational handbook to making magic from spells for each day of the week: rituals for romance seasonal sacred energy altars secrets for money magic and, everything in between The wisdom of Wiccan religion: *Moon Spells Magic* contains an abundance of folk wisdom as well as many modern pagan practices that will help you...

Author Biography:

Cerridwen Greenleaf is a writing instructor, a medieval scholar, and practicing astrologer. She leads spirituality workshops and retreats throughout the U.S, and has published a number of books on mysticism. She is also the author of Running Press's bestselling gift books, *The Witch's...*



Title Identifier:
9781633535299

Published Date:
12/2017

Language: English

Publisher: Mango
Media



Prayers for Hard Times

Reflections, Meditations and Inspirations
of Hope and Comfort

Becca Anderson

Rights Information:

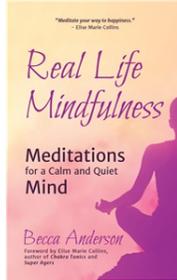
WORLD

Description:

The simple act of praying Wisdom, inspiration and prayer: As recent scientific research shows, the simple act of praying can be emotionally, spiritually, and even physically healing. With *Prayers for Hard Times*, author Becca Anderson offers solace in bringing together the wisdom of great thinkers, spiritual leaders and writers who have faced difficulty and learned from it. Sacred and inspirational sources: Organized in daybook form, the book draws from sacred sources such ...

Author Biography:

Becca Anderson is a writer, gardener and teacher living in the San Francisco Bay Area. Originally from Ohio, Becca's background in sustainability and landscaping inspired her to become a part of the seed-saving and seed-sharing community with chapters across the US and Canada. Becca...



Title Identifier:
9781633535312

Published Date:
03/2018

Language: English

Publisher: Mango
Media



Real Life Mindfulness

Meditations for a Calm and Quiet Mind

Elise Marie Collins, Becca Anderson

Rights Information:

WORLD

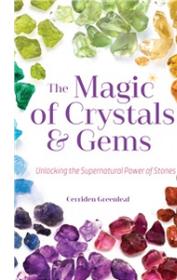
Description:

The calm and quiet mind

Spiritual self care: *Real Life Mindfulness* is a series of reflections that can illuminate every aspect of life. Authors Elise Marie Collins and Becca Anderson offer readers guidance on using the opportune moments between everything else in life for spiritual self care. In the same way we lovingly tend a garden, so does our soul require nourishment and attention. Your happiness quotient will soar with the practices and meditations in *Real Life...*

Author Biography:

Elise Marie Collins is an internationally known yogini and instructor on embodied mindfulness. Elise's writing combines her love of ancient healing arts and scientific inquiry. She is currently instructing participants in a two year study on the effects of restorative yoga or stretching...



Title Identifier:
9781633535336

Published Date:
01/2017

Language: English

Publisher: Mango
Media



The Magic of Crystals and Gems

Unlocking the Supernatural Power of
Stones

Cerridwen Greenleaf, Scott
Cunningham,

Rights Information:

WORLD

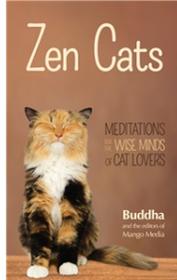
Description:

Definitive guide to the enchanted world of
crystals and gems

Did you know that wearing an amulet of green jade on an interview will help get the job? Have you heard that an amethyst ring can help break bad habits and even encourage sobriety? Anyone looking for love can place two pink quartz crystals in the bedroom; you'll not be alone for long! These are just a few of the hundreds of secrets shared in this definitive guide to the enchanted world of crystals. Semi-precious stones and ...

Author Biography:

Cerridwen Greenleaf is a writing instructor, a medieval scholar, and practicing astrologer. She leads spirituality workshops and retreats throughout the U.S., and has published a number of books on mysticism. She is also the author of Running Press's bestselling gift books, *The Witch's...*



Title Identifier:
9781633530485

Published Date:
12/2014

Language: English

Publisher: Mango
Media



Zen Cats

Meditations for the Wise Minds of Cat Lovers

Gautama Buddha

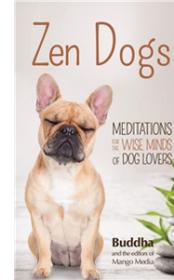
Rights Information:

WORLD

Description:

Zen Cat Mindfulness

Join some cuddly kittens for a collection of sayings from the Buddha. The verses, taken from the Dhammapada, were written centuries ago, but today they offer insight for all of life's basic struggles. Meditate along with the verses to gain a greater understanding of you, your life and your purpose. Find the meaning of truth in these verses and how to find it in the world around you. Let your inner Zen Cat guide you to enlightenment.



Title Identifier:
9781633535213

Published Date:
10/2016

Language: English

Publisher: Mango
Media



Zen Dogs

Gautama Buddha

Rights Information:

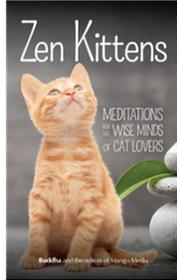
WORLD

Description:

Mindfulness Mutts and Dharma Dogs

What is the sound of one dog barking? This and other enduring questions are answered in the pages of this wise, whimsical and utterly delightful collection of happy hounds and cuddly pups.

Inspirational pups: *Zen Dogs*, sequel to the bestselling *Zen Cats*, offers the timeless teachings of Buddhism along with key lessons our canine companions are here to remind us of – such as how to live in the now. Every dog is a living example of loving kindness, a...



Title Identifier:
9781633535237

Published Date:
10/2016

Language: English

Publisher: Mango
Media

Zen Kittens

Gautama Buddha

Rights Information:

WORLD

Description:

The Tao of Meow

Feline mindfulness: Is it time to “paws and reflect?” Cats are mysterious and even enigmatic, but they hold the keys to great wisdom. Is your kitten really meditating when staring off into space? Perhaps your kitten is sleeping or maybe deeply contemplating the very meaning of life. In every cat’s clear-eyed gaze lies a hint of secrets only they know. Cats will only come to you when they are ready, but kittens are always ready for companionship and a good cuddle.

...



Title Identifier:
9781633537187

Published Date:
12/2017

Language: English

Publisher: Mango
Media

Zen Puppies

Meditations for the Wise Minds of Puppy
Lovers

Gautama Buddha

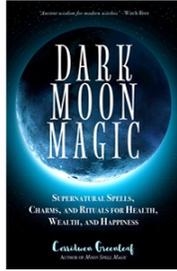
Rights Information:

WORLD

Description:

Mindfulness quotations and puppies
Join some cuddly puppies for a collection of sayings from the Buddha. The verses, taken from the Dhammapada, were written centuries ago, but today they offer insight for all of life's basic struggles. Meditate along with the verses to gain a greater understanding of you, your life and your purpose. Find the meaning of truth in these verses and how to find it in the world around you. Let your inner Zen Puppy guide you to enlightenment.





Title Identifier:
9781633537927

Published Date:
06/2018

Language: English

Publisher: Mango
Media



Dark Moon Magic

Supernatural Spells, Charms and Rituals
for Health, Wealth and Happiness

Cerridwen Greenleaf

Rights Information:

WORLD

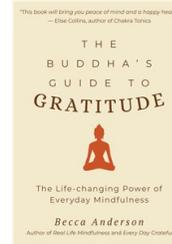
Description:

Your Practical Wiccan Guide to Life

Take advantage of centuries of knowledge: In this utterly unique grimoire, bestselling author Cerridwen Greenleaf gathers celestial lore, history, and mythology, drawing from the Dark Ages mystical practices of the original Gothic tribes, Scandinavian shamans and other medieval sources to infuse these spells with the magic of the ancients, allowing the modern reader to tap into that pure power. Here, you'll learn how to call upon the fairy world ...

Author Biography:

Cerridwen Greenleaf has worked with many of the leading lights of the spirituality world including Starhawk, Z Budapest, John Michael Greer, Christopher Penczak, Raymond Buckland, Luisah Teish, and many more. She gives herbal workshops throughout North America. Greenleaf's graduate work...



Title Identifier:
9781633538047

Published Date:
09/2018

Language: English

Publisher: Mango
Media



The Buddha's Guide to Gratitude

The Life-changing Power of Every Day
Mindfulness

Becca Anderson

Rights Information:

WORLD

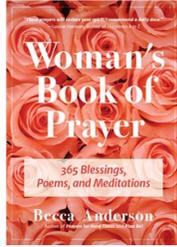
Description:

Find Happiness in Gratitude

Discover more about one of the four keys to the Gate of Heaven: As it turns out, Buddha had quite a lot to say on the subject of gratitude, including citing it as one of the four keys to the Gate of Heaven. Why is this? Perhaps the sheer simplicity of gratefulness is a large part of this, as it is available to all of us at any time. Even in the midst of over-busyness, stress, and chaos, we can find plenty to be glad about, and *The Buddha's Guide to ...*

Author Biography:

Becca Anderson is a writer, gardener and teacher living in the San Francisco Bay Area. Originally from Ohio, Becca's background in sustainability and landscaping inspired her to become a part of the seed-saving and seed-sharing community with chapters across the US and Canada. Becca...



Title Identifier:
9781633537774

Published Date:
10/2018

Language: English

Publisher: Mango
Media



The Woman's Book of Prayer

Blessings, Poems and Meditations for
Hope and Happiness

Becca Anderson

Rights Information:

WORLD

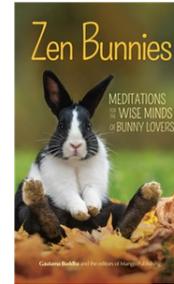
Description:

Increase Your Happiness Through Faith
and Spirituality

Prayer takes many forms: Sitting in silence, walking meditation, using prayer beads or folding your hands every night and talking to God are all forms of prayer. If you want something different in your life, you must pray a different prayer. We are constantly communing with the Divine throughout our daily lives—even in the most ordinary activities. *The Woman's Book of Prayer* will show you all the ways you can pray, so ...

Author Biography:

Becca Anderson comes from a long line of preachers and teachers from Ohio and Kentucky. The teacher side of her family led to become a woman's studies scholar and the author of *The Book of Awesome Women*. An avid collector of meditations, prayers and blessings, she helps run a "Gratitude..."



Title Identifier:
9781633537989

Published Date:
08/2018

Language: English

Publisher: Mango
Media



Zen Bunnies

Meditations for the Wise Minds of Bunny
Lovers

Gautama

Rights Information:

WORLD

Description:

Inspirational Bunnies

Readers of *Start With Why, You Are Here and Whatever You Are, Be A Good One* will love the quotes and teachings of *Zen Bunnies*. Advice from Zen Leaders: Join some cuddly bunnies for encouragement from Buddhist teachers like Thich Nhat Hahn and the Buddha himself in *Zen Bunnies*. Don't let the adorable bunnies fool you—they have plenty of mindfulness wisdom to share in the form of quotes and verses. These timeless verses will...



Title Identifier:
9781633537507

Published Date:
05/2018

Language: English

Publisher: Mango
Media



Cold Fusion Presents: New Thinking

The Technology and Science That Transformed Our World

Dagogo Altraide

Rights Information:

WORLD

Description:

ColdFusion – New Thinking About Technology and Science

What can history's greatest breakthroughs in science and technology teach us about the future?

New Thinking: The world has never been so unstable. Now, more than ever, we need to understand our history, learn from our mistakes and embrace science and technology as we push into the future. In his debut book, *New Thinking: The Technology and Science That Transformed Our World*, Dagogo Altraide of YouTube's ColdFusion breaks...

Author Biography:

Dagogo Altraide is the founder of ColdFusion, a YouTube channel with over 1 million (1,300,000) subscribers. ColdFusion creates cutting edge documentaries and infotainment with themes based on the past, present and future of tech-science. His work has been featured on Time.com, and has...



Title Identifier:
9781633539099

Published Date:
03/2019

Language: English

Publisher: Mango
Media



Tinkernut Presents Upcycled Technology

Clever Projects You Can Do With Your Discarded Tech

Daniel Davis

Rights Information:

Albania, Algeria, Angola, Argentina, Armenia, Australia, Austria, Bahrain, Belgium, Belize, Benin, Bolivia, Bosnia and Herzegovina, Botswana, Brazil, Bulgaria, Burkina Faso, Burundi, Cameroon, Canada, Cape Verde, Central African Republic, Chad, Chile, China, Republic of, Colombia,...

Description:

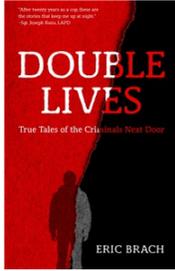
Transform old tech into amazing, modern inventions

Fans of *Popular Science*, Smithsonian's *Maker Lab*, and *The Big Book of Makerspace Projects* will love *Upcycled Technology*.

DIY science projects using your discarded stuff: We all have a drawer or closet full of old discarded tech just sitting around gathering dust. Memories of a bygone technological era that have been replaced by newer, shiner, smarter devices. What can you do with them? Most of us...

Author Biography:

Daniel Davis is an IT professional and Youtube personality with an insatiable curiosity and a propensity for tinkering. Using his desire to constantly learn and share what he's learned, Daniel founded the STEM focused Tinkernut, LLC (www.tinkernut.com) to teach people more about...



Title Identifier:
9781633537804

Published Date:
08/2018

Language: English

Publisher: Mango
Media



Double Lives

True Stories of Crime and Addiction in
America

Eric Brach

Rights Information:

WORLD

Description:

Terrifying true crime stories

John Wayne Gacy. Ted Bundy. Jeffrey Dahmer. Everyone has heard of these sociopaths and their crimes, and yet, no one is scared of them. Why? Well for one, they're all dead, but it's more that -- after all, movie villains aren't even real, yet people remain frightened of the bad guys on the screen long after the lights come up. No, what makes these criminals seem almost pedestrian is that we can see them for what they are; they hold no mystery. Dastardly...

Author Biography:

Eric wakeboards out of flaming wreckage -- or at least, his author photo on Goodreads does. The rest of the time, he teaches English at a collegiate program for students pursuing careers in law enforcement. Before turning to books, Eric wrote for The Onion and Bleacher Report, and he...



Title Identifier:
9781633536777

Published Date:
03/2018

Language: English

Publisher: Mango
Media



How They Met

Real Stories of True Love and the Power
of Serendipity

David Friedman

Rights Information:

WORLD

Description:

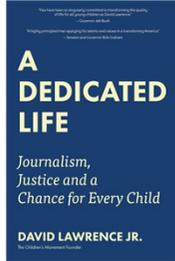
**Find hope with this collection of true
stories of lasting romance**

The surprising beginnings of true love: You never know when it might happen: love might be right around the corner, down the block, or across the aisle from you on your next flight. Stories of how people met are endlessly fascinating and they remind us that we all need to be ready for anything, including meeting the love of your life when you least expect it.

Healing stories of serendipitous romance: After a bad ...

Author Biography:

With multi-platinum recordings, Broadway shows, Disney Animated Films, Television scores and a teaching and lecturing career that spans the nation, David Friedman is truly someone who has made a major mark. From We Can Be Kind to Listen to My Heart, Help is on the Way, We Live on Borrowed ...



Title Identifier:
9781633538184

Published Date:
08/2018

Language: English

Publisher: Mango
Media



A Dedicated Life

Journalism, Justice and a Chance for Every Child

David Lawrence, Jr., Jeb Bush

Rights Information:

WORLD

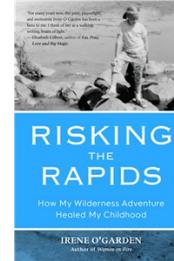
Description:

#1 Amazon New Release! – Leveling the playing field for all our young children
What are you going to do for the rest of your life?
 For David Lawrence Jr., a brilliant newspaper editor and publisher with a distinguished, three-decade-long journalism career who retired in 1999 at the age of 56, the answer in his words was to dedicate his life to a “newly energized purposefulness: that every child have a real chance to succeed.”

The Children’s Movement of Florida: As recounted in his...

Author Biography:

David Lawrence Jr. retired in 1999 as publisher of The Miami Herald to work in the area of early childhood development and readiness. He chairs The Children’s Movement of Florida, aimed at making children the state’s top priority for investment and decision-making. He has served on the...



Title Identifier:
9781633538870

Published Date:
02/2019

Language: English

Publisher: Mango
Media



Risking the Rapids

How My Wilderness Adventure Healed My Childhood

Irene O'Garden

Rights Information:

WORLD

Description:

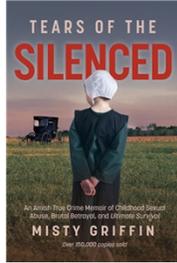
Memoir – Portrait of a family at its worst and its best

Some memoirs shock. Some entertain. Some take us places we’re afraid to go. A rare few move us. Once in a blue moon, a book does it all. This is *Risking the Rapids*.

Dysfunctional family: *Risking the Rapids* opens with the shocking death of O’Garden’s older brother, which prompts her and other relatives to seek closure on a journey through the remotest spot in Montana. Described genially as a...

Author Biography:

Irene O’Garden has won or been nominated for prizes in nearly every writing category from stage to e-screen, hardcovers, children’s books as well as literary magazines and anthologies. Her critically-acclaimed play *Women On Fire*, (Samuel French) starring Judith Ivey, played...



Title Identifier:
9781633539082

Published Date:
09/2018

Format: Print PDF

Language: English

Publisher: Mango
Media



Tears of the Silenced

An Amish True Crime Memoir of Childhood Sexual Abuse, Brutal Betrayal, and Ultimate Survival
Misty Griffin

Rights Information:

WORLD

Description:

Misty Griffin's story — Surviving child abuse, parental betrayal, sexual assault, and Amish cruelty

A true crime memoir: When Misty was six years old her family started to live and dress like the Amish. Misty and her sister were kept as slaves on a mountain ranch where they were subjected to almost complete isolation, sexual abuse and extreme physical violence. Their step-father kept a loaded rifle by the door at all times to make sure the young girls were too terrified to try to...

Author Biography:

In spring of 2005 Misty left the Amish, she left with nothing but the clothes on her back, a few other belongings and with barely a third-grade education. For years Misty suffered severe PTSD which was caused by the horrifying abuse she suffered as a child, and later when being...



Title Identifier:
9781633538337

Published Date:
12/2018

Format: Print PDF

Language: English

Publisher: Mango
Media



Twin to Twin

From High-Risk Pregnancy to Happy Family

Crystal Duffy, Dr. Kenneth Moise

Rights Information:

Albania, Algeria, Angola, Argentina, Armenia, Australia, Austria, Bahrain, Belgium, Belize, Benin, Bolivia, Bosnia and Herzegovina, Botswana, Brazil, Bulgaria, Burkina Faso, Burundi, Cameroon, Canada, Cape Verde, Central African Republic, Chad, Chile, China, Republic of, Colombia,...

Description:

Twin-to-Twin is one twenty-nine-year-old mother's harrowing and heartwarming adventure through a high-risk twin pregnancy. But this isn't only a book about pregnancy. It's also an inspirational story to which all women can relate, especially when moving forward through any type of adversity. Here's what happened... One minute Crystal was sitting at a candlelight dinner in Paris with her husband. The next she was back home in Houston, sitting in her Ob-Gyn's office concerned that she was ...

Author Biography:

Crystal Duffy is an American writer with two degrees from Georgetown University. She began her career as an educational consultant and then worked as a public high school teacher. She is the author of her memoir, Twin to Twin, detailing her high-risk twin pregnancy. Her essays on family...



Title Identifier:
9781633538894

Published Date:
01/2019

Format: Print PDF

Language: English

Publisher: Mango
Media



A Unique Hustle

My Drive To Be the Best Car Customizer
in Hip Hop and Sports

Will Castro

Rights Information:

Albania, Algeria, Angola, Argentina, Armenia,
Australia, Austria, Bahrain, Belgium, Belize,
Benin, Bolivia, Bosnia and Herzegovina,
Botswana, Brazil, Bulgaria, Burkina Faso,
Burundi, Cameroon, Canada, Cape Verde, Central
African Republic, Chad, Chile, China, Republic of,
Colombia,...

Description:

Will Castro is the star of Velocity Channel's Unique Rides. As one of the most popular car customizers in America, his life is a dream journey realized through a business he is passionate about, combined with his working with marquee names in entertainment. His fans flock to his personal appearances, watch him on TV, and follow him on social media. However, inside these pages are his personal stories of struggle and triumph, as well as insights and anecdotes into some of the...

Author Biography:

Will Castro was born on April 4, 1969 in Puerto Rico as Uriel Luis Castro. He is a producer and actor, known for Unique Whips (2005), Unique Autosports: Miami (2010) and Unique Rides (2016).



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